



**FORNHAM ST MARTIN CUM  
FORNHAM ST GENEVIEVE**

# THE BUGLE

FORNHAM ST MARTIN & FORNHAM ST GENEVIEVE VILLAGE MAGAZINE

APRIL - MAY 2025

ISSUE NO. 140

# Fornham St Martin cum St Genevieve

## Parish Councillors

John Borrett (Chair)	01284 747140
Michael Collier (Vice Chair)	01284 704851
Paul Butler	01284 760119
Penelope Borrett	01284 747140
John Rushman	01284 701511
Clive Last	07771 957755
Brandon Mahon	

## Parish Clerk

Vicky Bright, CiLCA	07712 232920 fsmsgpc@gmail.com
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## Other Representatives

Rebecca Hopfensperger (District & County Councillor)	07876 683516
Sarah Broughton (District Councillor)	07929 305787
Peter Prinsley (Labour MP)	peter.prinsley.mp@parliament.uk

## Meetings

The Parish Council meets at 7:30pm in the Village Hall, on the second Thursday of each month, except August & December. Please check the village notice boards for any date changes.

## Website

[www.fornhamstmartin.onesuffolk.net](http://www.fornhamstmartin.onesuffolk.net)

**The deadline for articles for The Bugle June - July 2025 issue, will be 20th May 2025.**

# Dates For Parish Council and Related Meetings 2025

Monday 14th April 2025 at 7:30pm, followed by the King George Playing Field Trustee Meeting

Thursday 8th May 2025 at 7:30pm - Annual Parish Meeting, followed by the Annual Parish Council Meeting

All meetings will be held at 7:30pm in the Village Hall unless otherwise advised on the meeting agenda which will be posted on the village notice boards at least three full clear days before each meeting (*excluding Sundays and Bank Holidays*)

Agendas can also be found on the Parish Council website:

[www.fornhamstmartin.onesuffolk.net](http://www.fornhamstmartin.onesuffolk.net)

PLEASE  
NOTE:

From May, Council meetings will be on the second Thursday of the month, NOT Monday

Any parishioners wishing to raise an issue should contact the Parish Clerk & RFO

Vicky Bright, CiLCA 07712 232920  
[fsmgpc@gmail.com](mailto:fsmgpc@gmail.com)

Office hours:

9:30am to 2:30pm, Monday, Thursday & Friday.

Please be aware that the Clerk does not work on Tuesday or Wednesday!

Parish Office: 3 Scott Avenue, Mildenhall, Suffolk IP28 7LT (by appointment only)

# Fornham St Martin cum St Genevieve Parish Council - February Meeting

Minutes of the Meeting of Fornham St Martin cum St Genevieve Parish Council held on Monday 10th February 2025 at 7.30pm, in the Village Hall

## **PUBLIC FORUM:**

9 Members of the public were in attendance.

Following disruption at the January meeting's Forum, the Chair read out the following:-

*"MEMBERS OF THE PUBLIC WILL ONLY BE ABLE TO MAKE COMMENTS OR ASK QUESTIONS DURING THE PUBLIC FORUM. The period of time designated for public participation at a meeting in accordance with standing order 3(e) shall not exceed (15) minutes unless directed by the chairman of the meeting. Subject to standing order 3(f), a member of the public shall not speak for more than (3) minutes."*

Mr. David Yates raised the subject of City Fibre works being carried out in the villages, causing much disruption, with no prior notice of works being given to residents affected, and the state the various areas had been left in - very much not as was promised. Mr. Yates' correspondence is covered at item 8.vi below.

1. **Chairman's Welcome & Acceptance of Apologies for Absence (LGA 1972, Section 85(1)):**

Apologies were received from the Clerk, Vicky Bright, and Cllr. Penny Borrett.

2. **Declaration of Members' Interest (for items on the agenda) – LGA 2000 Part III:**

None.

1. **Approval of the Minutes of the Parish Council meetings – LGA 1972, Schedule 12, para 41(2): Meetings held on 11th November 2024 and 13th January 2025:**

**Resolved 25/02/3.03:**

Minutes of the Parish Council meeting held on Monday 11th November 2024 and Monday 13th January 2025 were adopted as a true statement and signed by the Chairman.

2. **Councillor Vacancies:**

An application was received from Mr Brandon Mahon, a resident of Fornham St Martin. The chair and other Cllrs. questioned him and discussed his reasons for applying. He gave a brief outline of himself and reaffirmed there was no conflict of interest to prevent him becoming a Parish Councillor or with any item on the agenda.

**Resolved 25/02/4:**

Following a unanimous vote in favour, Mr Mahon was co-opted as Councillor. Cllr Mahon signed the Declaration of Office, countersigned by the Clerk, & agreed he would complete and sign the Register of Interests form to be returned to the Clerk as soon as possible. The Clerk would forward a copy of the Good Councillor Guide, the Councils governing documents and Code of Conduct etc. to Cllr. Mahon after the meeting.

3. **To Receive County, District and Community reports:**

WSD Cllrs. Briefed the PC regarding the parliamentary White Paper planning the merging of Norfolk and Suffolk Councils to form one entity led by a Mayor. The object is to combine resources in the many services provided or carried out with the object of streamlining and thereby reducing overall costs. Negotiations with Norfolk will be fast-tracked and begin in March and until they are completed the precise details of the union cannot be predicted.

## **Planning Applications (For consideration):**

i. DC/25/0129/HH - a. porch extension b. infill extensions to front and rear elevation c. first floor side elevation d. double doors to replace windows to rear elevation e. single storey rear extension f. new windows to side and rear elevations g. new rooflight to front elevation. Location: 4 Lark Valley Drive, Fornham St Martin.

**Resolved 25/02/6.** By a majority vote the PC agreed to submit 'NO OBJECTIONS.'

ii. DC/24/1779/FUL – stand-alone jet wash facility within existing compound. Location: West Suffolk Operational Hub, Bury Road, Fornham St Martin – ***Formal Resolution of 'No Objections' submitted to LPA on 14.01.2025 - \*Referred to DCC 5th February 2025***

iii. DC/24/1660/FUL - change of use of land to equestrian and construction of domestic stables. Location: North Lodge, Fornham Park, Fornham St Genevieve - ***Formal Resolution of 'No Objections' submitted to LPA on 14.01.2025***

iv. DC/24/1647/HH - a. single storey side extension b. cladding to all elevations c. replace existing front door with one window. Location: Homelea, Church Close, Fornham St Martin – ***Formal Resolution of 'No Objections' submitted to LPA on 05.12.2024 - \*Approved 07.01.25!***

v. DC/24/1671/TPO - TPO 030 (1960) tree preservation order - one Ash (T1 on plan within A5 on order) fell. Location: The Laurels, Parklands Green, Fornham St Genevieve – ***Formal Resolution of 'No Comment' submitted to LPA on 11.12.2024.***

**(For information only):**

- vi. AMENDED DC/24/0614/FUL - partial change of use of golf course to site six timber pods. Location: All Saints Hotel, The Street, Fornham St Genevieve (Re-consultation) – **Recommended to Approve 17.12.2024 DCC delegated decision.**
  - vii. AMENDED DC/24/1072/VAR - Variation of condition 2 of DC/17/0521/FUL to allow for use of amended plans for municipal operational hub comprising waste transfer station, household waste recycling centre (including reuse building), fleet depot (including offices), public realm maintenance depot and associated infrastructure including accesses, paths, internal roads and paths, parking, weighbridges, and landscaping. To make minor design changes to the Waste Transfer Station (WTS) to enable the separate handling of food waste. To insert additional drawings to be listed under condition 2 (approved plans) to include 'Dimension Plan ref: 16-0645-CDP-DR-02-XX-A-4007 C7' and Dimension Plan ref: 16-0645-CDP-DR-02-XX-A-4007 C7'. Location: Land North of Hollow Road Farm, Bury Road, Fornham St Martin (Re-consultation) – **Approved 06.12.2024.**
  - viii. AP/24/0034/STAND – (DC/24/0433/FUL) - create a maintenance access into All Saints Golf and Country Club off The Street, Fornham St. Genevieve. LOCATION: Access To All Saints Hotel, Land Off The Street, Fornham All Saints – **Appeal withdrawn by WSDC 15<sup>th</sup> January 2025.**
  - ix. AMENDED DC/24/0538/FUL- two pickleball courts and two tennis courts. Location: All Saints Hotel, The Street, Fornham St Genevieve (Re-consultation) – **Pending Decision.**
  - x. DC/24/1123/FUL - reinstatement of 10-metre-high golf ball safety nets to the rear of 23-29 Pigeon Lane on the golf course side of existing tree belt. Location: All Saints Hotel, The Street, Fornham St Genevieve – **Pending Decision.**
  - xi. DC/24/1091/FUL - parking area for 15 cars. Location: All Saints Hotel, The Street, Fornham St Genevieve – **Pending Decision.**
  - xi. DC/20/0496/FUL - 68 lodges with parking, landscaping, waste and recycling areas and construction compound/maintenance area. Location: St Genevieve Lakes, Road from Bury Road to B1106, Timworth – **Pending Decision.**
  - xii. Update on the Bugle Notice responses Ref: The Hotel and communication (WSC Planning Email 15.11.24) **No information on responses was available to consider at this time.**
- 7.
- i. Update on works date for White lining/hatching outside the Woolpack pub.  
**Date of works still awaited.**
  - ii. Update on Signage/lining Scheme on B1106 towards Culford/West Stow Road.  
**Cllr JR. to continue with his audit of the signage. Some minor works have been carried out.**
  - iii. Overgrown trees next to the Lark Valley footpath Update.  
**Highways have not responded. Apparently no longer a problem.**
  - iv. Damaged wooden fence next to pedestrian exit Oak Close by the Green Update (Ref:00491051).  
**WSC are not replacing the fence as apparently it is no longer a problem.**
  - v. Update on Mud/Flooding on Barton Hill footpath (Ref: 00498752) (RH-SCC).  
**Some works have been carried out but has created a further problem area and doesn't improve the situation at all - in fact its worse. Also, works carried out by City Fibre have further exacerbated matters by trafficking heavy machinery in the immediate area AND at another length of footpath, further along the same side of the road opposite the BMW Showroom, making it very difficult for pushchairs and disability scooters to pass through.**
  - vi. Update on overgrown vegetation on the footpath – Barton Hill to the river bridge (Ref:00500496) (RH-SCC).  
**The latest information is that SCC will not carry out any works so the PC will have to find funds to get it done, if necessary.**
  - vii. Discuss erosion of the highway which immediately abuts the private road of Lark Valley Court (PBu).  
**Highways declare the erosion is on private land when it is obviously not. Cllr. PBu. to make further attempts to get this repaired. It has already been marked with the yellow spray paint.**
  - viii. Update on works for overgrown vegetation on footpaths/traffic islands/kerbs & visibility of 30mph roundels.  
**Again, the PC will need to obtain quotations from qualified Street-Works Contractors to undertake any work unless volunteers step forward to be trained and kitted out to be able to do it.**
  - ix. Discuss Highways Signage Audit & Review & cleaning.  
**An audit to determine the need for any works including cleaning of signs is needed for both villages.**
8. Parish Matters
- i. Weekly & Monthly H&S Inspection Reports Trim Trail & Play Area / Agree rota for weekly inspections.  
**Cllr. JR to take on the weekly inspections starting this week.**
  - ii. Discuss the Gardening Club's request to use the King George Playing Field for parking for a 3 day-trip.  
**The PC's insurers are content with allowing parking for the Gardening Club and by majority the PC voted to allow it.**
  - iii. Discuss a price increase for the Bugle printing by 10% from January 2025, and the £25. cost of the distribution trolley.  
**The PC, by majority, voted in favour of the increase.**

vi. Discuss CityFibre works in FSM.

*The PC agreed with the matters addressed in David Yates' email attempts to have redress for the problems created by the Contractors and the state in which the areas have been left*

9.

**Correspondence.**

**The Clerk forwarded relevant correspondence to Cllr's via email and all Cllrs. Confirmed they had read and digested the following:-**

- i. WSC – Street Trading Policy Implementation
- ii. WSC – Plug-in Sfk Initiative - **Cllrs. unanimously voted against electric charging points in the villages.**
- iii. WSC – Building Resilience and Nutrition Fund

**10. Finance & Policies**

- i. Bank Reconciliation from list of payments/receipts.  
**The PC duly approved & signed.**
- ii. Payment Schedule for approval to authorise payment of outstanding invoices.  
**The PC duly approved & signed.**
- iii. To Agree & Adopt the Budget for 2025-26.  
**The PC agreed to a Formal resolution to adopt £36,870 Expenditure.**
- iv. To Agree & Adopt the Precept figure for 2025-26.  
**By Formal resolution the PC agreed to adopt the Precept figure of £36,870.00.**
- v. Discuss an application for a donation from the 'Thursday Stitches' club.  
**The PC agreed to contribute £150.00 as a S.137 donation.**

**11. Councillors Reports & Items for Future Agendas.**

**Solar panels for the Village Hall.**

**Date of Next Meeting:**

The next Parish Council Meeting will be held on Monday 10<sup>th</sup> March 2025 at 7:30pm, in the Village Hall.

**Meeting closed at 9.05pm.**

Signed:



Date: 10th March 2025

## FORNHAM ST MARTIN CUM ST GENEVIEVE PARISH COUNCIL S137 DONATIONS FOR COMMUNITY GROUPS

The Parish Council has a pot of funds that allows them to give donations to community groups and organisations, to assist them with their running costs etc.

If your group would like to be considered for a donation, please contact the Clerk:

**fsmgpc@gmail.com**

# Fornham St Martin cum St Genevieve Parish Council - March Meeting

Minutes of the Meeting of Fornham St Martin cum St Genevieve Parish Council held on Monday 10<sup>th</sup> March 2025 at 7.30pm, in the Village Hall

**Councillors present:** Cllr. J. Borrett - Chair (JBo), Cllr. M Collier - Vice Chair (MC), Cllr. P. Butler (PBu), Cllr. J. Rushman (JR), Cllr. C. Last (CL) & Cllr. B. Mahon (BM).

**Also present:** David Yates – PCC.

**ITEM**  
**25/03/1**

**Chairman's Welcome & Acceptance of Apologies for Absence (LGA 1972, Section 85(1) & (2)):**

**Apologies:** Cllr. P. Borrett. Clerk – Vicky Bright.

**PUBLIC FORUM:**

11 Members of the public were in attendance.

Mr. David Yates raised the subject of an article in The Daily Mail newspaper on the 20th of February, concerning problems experienced at a Golf Club in the North West of the country where pickle ball courts were located. The report apparently detailed action taken against Holyhead Golf Club for balls hitting cars on a nearby road and landing in a local resident's garden. After complaints, the HSE investigated and found undue risk. The Isle of Anglesey County Council issued a Notice to the golf club to close the 18th hole due to the risk to people and property, including cars. The club closed the whole course as a 17-hole course was unviable.

Mr. Yates also mentioned that Justin Hook has taken over as Editor of the Church magazine covering the 7 Lark Vally Parishes. It was suggested that those Parish Councils who do not have a village magazine, be invited to place regular items of details and information to their residents, for a contribution towards costs.

**Declaration of Members' Interest (for agenda items) – LGA 2000 Part III:**

None.

**Approval of the Minutes of the Parish Council meetings – LGA 1972, Schedule 12, para 41(2):**

**Resolved 25/03/3.01**

The minutes of the Parish Council meeting held on Monday 10th February 2025 were adopted as a true statement and signed by the Chairman (JBo).

**County, District and Community reports:**

Cllr. Sarah Broughton & Cllr. Rebecca Hopfensperger both sent apologies.

Cllr. Hopfensperger sent the following report for SCC;

**LGR/Devolution**

*In December last year the government invited SCC to enter discussions on how Local Government Reform looked like in Suffolk and whether SCC was interested in being put forward for the Devolution Priority Programme which would fast track those areas who are successful with regards to local government reorganisation. The government made it clear that there will no longer be any two-tier local government structures in the country such as we have in Suffolk and that unitary councils with mayoral combined authorities overseen by a mayor will be the way forward. SCC voted to express an interest on being included in the DPP and the government confirmed in January that Suffolk was successful in its interest. SCC was then asked to submit*

an interim business case on what local government structure in Suffolk could look like by 21st March. The government also wrote to the other councils in two tier authorities asking them to submit similar business cases. The minister will then look at the business cases and then decide the direction of travel and a final business case will be submitted by September.

The elections for SCC were delayed in 2025 to allow the tight timescales for business cases to be met and the next elections for a directly elected mayor will take place in 2026.

SCC have come forward with a preferred option of one unitary for the whole of Suffolk and here is the reasoning behind that:

One council for Suffolk would make delivering public services simpler, cheaper and quicker, and better meet the needs of residents and businesses, county leaders have said today.

Following a recent government announcement that Suffolk's county, district and borough councils will be replaced with a single-tier system, Suffolk County Council argues that consolidating all services under one unitary authority is the only effective way to deliver against the government's criteria for local government reform.

The move would see all council services, such as waste collection and disposal, housing, social care, planning, highways maintenance, leisure, school placements and travel and street cleaning, all provided by one authority - rather than the six that currently exist in Suffolk.

Bringing together district, borough and county council functions is expected to reduce duplication, lower administrative costs and ensure a more coordinated and cost-effective approach to delivering essential services.

The council warns that splitting services among multiple bodies would force the duplication of essential functions - such as social care, highways maintenance and schools - currently managed at a county level.

The key benefits of one council are:

- **Simpler for residents** – one council would make it easier to understand and contact local government
- **Clearer accountability** – there would be less confusion over who is responsible for what
- **Better use of funding** – a more coherent, strategic, financially sustainable, county-wide approach to budgeting
- **Better alignment of services** – since everything is under one roof, services can be more easily coordinated, creating opportunities for improve services for residents
- **More efficient decision-making** – with just one council, decisions can be made more quickly
- **Stronger leadership** – a single, visible and accountable body providing a clear strategic voice for Suffolk.

The council will submit its initial proposal to the government by 21 March, with a more detailed business case to follow later in the year. The government will then undertake a public consultation.

**Cllr Richard Rout, Suffolk County Council's cabinet member for devolution, local government reform and NSIPs, said:**

"The financial benefits of unitary local government are clear. By cutting unnecessary bureaucracy, the new council – whoever may serve on it – will have more money to invest in frontline public services, ensuring better value for taxpayers.

"But reorganisation must go beyond financial savings. It must also deliver greater accountability, speed up decision-making and lead to better outcomes for local communities. There is huge opportunity in pulling together services currently separated across the district, borough and county councils – such as housing and social care.

"If the government is serious about delivering savings, efficiencies, better outcomes for residents and financially sustainable local government, then there is only one answer - one council for Suffolk. Moreover, it is the only model that meets their criteria of serving over 500,000 people.

"One council for Suffolk will provide clear leadership, simplify access to services and eliminate the confusion of navigating multiple councils. Carving the county in two or three – as has been suggested - would defeat the purpose."

The government's plans will also see the election of a mayor for Suffolk and Norfolk in May 2026, who would take control over strategic policy areas like transport infrastructure, economic development, health improvement and blue light services – along with devolved government funding to deliver positive change.

#### Library Services

You will have seen in the press and social media that SCC have made the decision to take the library service back in house from the Suffolk Library services which has run the service since 2012. Please see below the reasons for this:

#### **Suffolk's 45 libraries to remain open and see new investment as Suffolk County Council plans to take service back in house**

- Business as usual as 45 libraries to remain open
- Opening hours maintained
- New mobile library vehicles and library computers across sites
- Important community asset protected

Suffolk's 45 libraries would remain open, see no change to opening hours and have new mobile libraries and computers as part of a plan to bring the service back into Suffolk County Council.

Subject to a formal Cabinet decision on 18 March 2025, staff running Suffolk's library service – along with their years of experience and love for libraries - will transition to the direct employment of the council on 1 June 2025.

The county council would invest £200,000 in replacing Suffolk's aging mobile libraries with a further £157,000 for new books and to replace public computers in libraries across Suffolk. This is in addition to the £6.6 million a year budget available for Suffolk's libraries.

It follows an attempt to secure an external provider for a new six-year contract (with the option to extend for up to a further six years) which had to be abandoned due to difficulties in aligning submissions with the service requirements and budgets.

Following the end of the procurement process, Suffolk County Council entered negotiations with Suffolk Libraries (the current provider) to reach agreement on a shorter-term contract. The intention was to secure the immediate future of the library service from 1 June 2025, while the longer-term future was considered. However, Suffolk Libraries were unwilling to accept those terms and proposed different terms which were not acceptable to Suffolk County Council and would have breached procurement law.

In addition, serious concerns about the viability of Suffolk Libraries also surfaced. The concerns included their proposal to reduce opening hours by 30% and issues with the financial stability of the organisation. There is also concern about the cost of their head office, including senior managers, which equates to 33% of their annual staffing costs. Suffolk County Council believes that more of the library budget should be invested in frontline services.

Councillor Philip Faircloth-Mutton, Suffolk County Council's cabinet member for environment, communities and equality, said:

"The future of Suffolk's 45 libraries will be in safe hands as part of our plans to protect and enhance the service.

"With these proposals, there will be no library closures, no reduction in library opening hours, and certainty and security for our most important asset - library staff and volunteers.

"Additionally, we propose new investment to buy new mobile library vehicles and upgrade computers across library sites.

"We know how important library services are to residents, particularly those who rely on them for education, access to information, support and, of course, books.

"A 30% cut to opening hours and the current management costs are unacceptable to Suffolk County Council. This is why we're taking action. We are responsible for libraries in Suffolk and this is the right thing to do to protect them and the services they provide to residents."

Suffolk County Council today published two open letters explaining its proposal, one to Suffolk residents and the other to Suffolk Libraries staff, volunteers and supporters. They are available to read on [www.suffolk.gov.uk](http://www.suffolk.gov.uk)

#### **Background**

- Suffolk's library services have been delivered by Suffolk Libraries IPS since 2012, with the current contract ending on 31 May 2025.
- Suffolk County Council is the main funder of the service, with an agreed budget of £5.9 million a year. In 2023/24, Suffolk County Council increased the annual budget by £720,000 to £6.6 million a year.
- The contract to operate libraries in Suffolk had to be put out for competitive tender in 2024 as it had reached its maximum legal length.
- The procurement was abandoned due to difficulties in aligning submissions with the service requirements and budgets.
- Following the end of the procurement process, Suffolk County Council entered negotiations with Suffolk Libraries (the current provider) to reach agreement on a shorter-term contract. The intention was to secure the immediate future of the library service from 1 June 2025, while the longer-term future was considered. However, Suffolk Libraries were unwilling to accept those terms and proposed different terms which were not acceptable to Suffolk County Council and would have breached procurement law.
- In addition, serious concerns about the viability of Suffolk Libraries also surfaced. The concerns included their proposal to reduce opening hours by 30% and issues with the financial stability of the organisation. There is also concern about the cost of their head office, including senior managers, which equates to 33% of their annual staffing costs. Suffolk County Council believes that more of the library budget should be invested in frontline services.

#### **Planning Applications for consideration:**

**DC/24/0538/FUL RE-CONSULTATION - two pickleball courts and two tennis courts. Location: All Saints Hotel, The Street, Fornham St Genevieve.**

#### **Resolved 25/03/5.01**

It was unanimously agreed to submit OBJECTIONS to the application to include the following points...

Very much as our previous submission: the noise and wildlife reports seem to be wholly inadequate and concern was also expressed by Cllrs. about a recent article in the Daily Mail, copied to Councillors before the meeting by David Yates, detailing Health and Safety risks having pickle ball courts on a golf club site. The Parish Councils' principal objection is the close proximity of the proposed courts to neighbouring properties and the residents of the two homes attended and spoke at the meeting to underline their objections. The PC agreed that the courts could easily be relocated very much nearer the Hotel, and any noise would not affect hotel guests as the facility would only be in use during the day. The attending representatives of the Hotel stated that this was not possible as it was the only suitable position on the entire property.

#### **West Suffolk Local Plan Main Modifications Consultation (04.03.25 – 15.04.25)**

Cllrs. were briefed on the documentation and noted the dates/locations of the consultation points.

(For information only):

**DC/25/0129/HH - a. porch extension b. infill extensions to front and rear elevation c. first floor side elevation d. double doors to replace windows to rear elevation e. single storey rear extension f. new windows to side and rear elevations g. new rooflight to front elevation. Location: 4 Lark Valley Drive, Fornham St Martin**

Pending Decision

**Resolved 25/03/7.03**

A £500.00 donation was unanimously agreed towards the cost of floor repair in the Village Hall.

**Councillors Reports & Items for Future Agendas:**

- Vehicle crashes on the sharp bend on the Culford Road in FSG - Refreshing of white lining carried out, but roundels on the road surface have not been overpainted. Trimming of basal growth of trees in footpaths. Trimming of weeds/hedges closing down the width of footpaths.

Meeting closed at 8:50pm

**Date of Next Meeting:** Parish Council Meeting on Monday 14th April 2025 at 7:30pm, in the Village Hall. Followed by the King George Playing Field Trustee Meeting.

Meeting closed at 8:50pm

**Signed:**

**Date:**

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## Why not come along to our next meeting?

Got something to share or a question to ask? There is always time allocated for questions from members of the public.

Or just come to listen and see what goes on behind the scenes in your village.

email the clerk for more information: [fsmgpc@gmail.com](mailto:fsmgpc@gmail.com)



HM Government

# PUT NORFOLK AND SUFFOLK'S FUTURE IN THE HANDS OF LOCAL PEOPLE

Norfolk and Suffolk could be given new devolved powers and funding to help improve opportunities, transport, housing, skills and more.

We want to hear your views on creating a new mayoral combined county authority for Norfolk and Suffolk to bring devolution to the area. This would mean important decisions would be made by someone who understands the needs of your community and what changes will have the best and biggest impact.

## WE WANT TO HEAR FROM YOU



Visit [gov.uk/norfolk-and-suffolk-devolution](https://gov.uk/norfolk-and-suffolk-devolution) or scan the QR code to have your say.





# **SEND Family Open Day designed for those with anxious children**

## **Wednesday 9<sup>th</sup> April**

**Arts • Bush crafts • Cooking • Gardening • Wellbeing • & More!**

**Explore our 20 acres of woodland and gardens.**

**Calm & welcoming setting.**

**Meet our team, experience our approach and be first to sign up for our summer holiday Wild Heart sessions.**

**A relaxed day to connect, play and discover!**

**At this special open day we will be running a morning and afternoon session: 10:00 -12:30 and 13:00 -15:30.**

**Places are limited so please book to secure your space.**

**Term time alternative Provision also available.**



[www.limitlessfutures.org.uk](http://www.limitlessfutures.org.uk)

[info@limitlessfutures.org.uk](mailto:info@limitlessfutures.org.uk)

07368 500749



**Stirgess Woodland, Cavenham, Bury St Edmunds, Suffolk IP28 6DB**

# connecting **Communities**

rural transport



## What is Connecting Communities?

Connecting Communities is for people traveling around Suffolk that don't have access to a regular bus or train service.

## What could it be used for?

Social, appointments, study, shopping, work (you can book multiple return journeys in advance)

For more information or to book a journey

**01638 664304**

[www.suffolkonboard.com/CC](http://www.suffolkonboard.com/CC)

### Cheap

*Fares are based on what a normal bus journey would cost*

### Flexible

*Journeys can be booked online or by phone around your schedule*

### Convenient

*Pick-up and drop-off from your door or a convenient location*

### Modern

*Clean, comfortable and well maintained vehicles*

# Calthorpe and Edwards Educational Foundation 2025/26

The Foundation helps young people from the parishes listed below with a grant for studies in Further Education. This means University, Further Education College, Medical School and similar establishments. It excludes courses that could have been obtained at School.

The Governors limit assistance initially for a maximum of three years and to no person over 25 years of age. The period may, at the Governors' discretion, be extended a year at a time when appropriate, but not beyond the age limit. The grant is paid in three termly instalments and for the year 2024/25 it was £336 pa.

Keith Boswell is the Chairman and Rosemary Boswell is currently the Clerk. All Governors who represent villages are volunteers and attend one meeting in September when new applicants are considered and the Clerk is given details of the new year's grant. Payment will be by BACS and students will be required to provide their home address, email address and bank details.

There are 2 groups of villages, the Inner Group and the Outer Group. If funds are limited, then students from the Inner Group take precedence.

**Inner Group:** Ampton, Ingham, Great and Little Livermere, Timworth.

**Outer Group:** Culford, Fornham St Genevieve, Fornham St Martin, Great Barton, Ixworth, Troston, West Stow, Wordwell.

**For more information contact Rosemary Boswell 01284 728199 or email: [calanded24@gmail.com](mailto:calanded24@gmail.com)**

# Helping Suffolk Homeowners Stay Warm & Cut Energy Bills

For many homeowners, improving energy efficiency can feel out of reach due to the high upfront costs. But with support from Suffolk County Council and Lendology CIC, more people in Suffolk can now access interest-free loans to help make their homes warmer, greener, and cheaper to run.

**From solar panels and battery storage to insulation, glazing, and heat pumps, these upgrades may reduce energy bills and cut carbon emissions.**

The Suffolk Warm Homes Loan offers interest free loans (Representative 0.2% APR) up to £15,000 with flexible repayment terms of up to seven years.

Homeowners of all ages and financial backgrounds may be eligible, including retirees and those with a poor credit history.

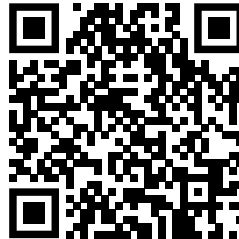
*Local homeowners recently shared their experiences:*



*Excellent service, kept informed and information was updated as I went through the process.*



*Courteous and helpful all the way through the process. Excellent customer service.*



**PLEASE  
SCAN**  
TO FIND OUT MORE

For more details on the scheme and how to apply, visit  
[www.lendology.org.uk/partner/view/suffolk-council](http://www.lendology.org.uk/partner/view/suffolk-council)  
or [www.warmhomessuffolk.org](http://www.warmhomessuffolk.org)

We recommend that you carry out an independent retrofit assessment to find out which works are suitable for your home and budget.



# Warm Homes Suffolk

You could be eligible for a

**0%** loan **0.2%** APR

- ✓ Borrow up to £15,000
- ✓ No early repayment charges
- ✓ Up to 7 years repayment period

Solar panels  
Battery storage  
Heat pumps  
Insulation

*The warm feeling fund*

## **Representative Example (0% fixed interest rate, Representative 0.2% APR).**

Loans are subject to status and are typically protected by a Title Restriction. Borrow £5,000 over 60 months, £83.33 monthly repayments, with the final payment of £83.53. Total amount payable = £5,020.00, including £20.00 fee for registering the Title Restriction against your property at the Land Registry. The £20.00 fee is only payable if a loan is agreed by Lendology, and you decide to proceed with a loan. We do not charge interest on the fee. A Title Restriction means that you may not be able to sell your home without our permission unless the loan is fully repaid. Missing payments could affect your credit rating and ability to obtain credit in the future. The above example is for indication purposes only. Eligibility for all loans depends on your

# Church News

By David Yates

After mentioning last month, couples returning to get married or baptise their children, we were very pleased to celebrate the baptism of young Lenny Peck in March, with his parents Alice and Jonathan, supported by family and friends. A joyous occasion for them, and in the life of our parish church. Clearly from his beaming smile throughout, including the application of the water on his forehead, Lenny enjoyed it too!

In the last Bugle I drew attention to the forthcoming St Valentines Day on 14th February, my namesake St David's Day on 1st March, Shrove Tuesday and Ash Wednesday on 4th and 5th March, and finally Mothering Sunday on 30th March, with all the customs and habits that go with these days. Oh, and don't forget St Georges Day on 23 d April, our Patron Saint, who superseded our very own St Edmund in 1348, who was killed by those dastardly Vikings in 869.

Thanks to everyone who came and supported or contributed to the Book Sale Coffee and Cakes on 15th February. Well attended and warm, with the light snow showers delayed till closing at 3pm.

£771 was raised for the church building, possibly much needed as 2 of our convector heaters are on the blink since, but the large Benson heater more than compensates.

The next Book Sale is on Saturday 31st May, 10am – 3pm as usual, coming around sooner it seems with the magazine bi-monthly now, so maybe time to stock up with some summer reading, and enjoy the refreshments in good friendly company.

We held a Lent Lunch on 14th March, as we often do each year at this time. Very enjoyable with thanks to our friends from Bury, Fornham All Saints, Timworth and St Johns, Revds Andy and Ali, who came to support this, with the

£175 raised donated to the Bishops Appeal for the Anglican Church in Kagera, Tanzania, a long standing link with our Diocese, to support their development and expansion. At lent these lunches are frugal ways of marking this in the church's calendar, so we only had 5 delicious soups, with cheese and biscuits after and only a few scones to follow on, with tea or coffee, with thanks to our kindly ladies providing these.

A Dedication Service for the completed Bells Restoration Project will be held on Sunday 18th May at 4.30pm, with Acting Bishop Graeme Knowles presiding. Commenced in 2017, it has been a long road, but with thanks to everyone who donated and sponsored bells or other parts like the wheels or bell ropes, we eventually made it. Huge thanks to Project Leader in the latter stages, Neal Dodge, and the other Guild of Ringers, who enabled essential grants to be awarded, and helped with much of the work, removing the nearly 200-year-old Oak bellframe, and replacing it with a new steel one.

All ready for Nicholson Engineering, Dorset, to return the original 6 bells, augmented with 2 more, generously donated by The Keltex Trust, from redundant churches in Rochdale and Truro.

David Kelly says he has now donated 900 bells to active churches, from redundant ones.

The 5 yearly Quinquennial Inspection Report has found some building maintenance is recommended, as usual, and whilst not excessive, the costs of more than a few thousand pounds now needs to be found.

Funerals and burials were held in March for John Jones and Valerie Ashdown, and cremation service for Pamela Knell.

The 100 Club winners in APRIL were:

1st	£30	Cathy Forge	no. 46
2nd	£20	Wendy Flack	no. 26
3rd	£10	David Payne	no. 60

In MAY will be:

1st	£30	Mark Fell	no. 78
2nd	£20	Maureen Groves	no. 30
3rd	£10	Val Allen	no. 16

Thanks to them, and everyone in the club for supporting the church in this way.

Our Annual Parochial Church Meeting is on 13th May, to elect Churchwardens and Church Council for the next year.

At the time of writing, we look forward to Holy Week and Easter, 14 – 20th April, with some fine warm and sunny weather, hopefully.

Sunday Services at 10am as usual are on 13th and 27th April; and 11th and 25th May, as well as short services on Tuesdays, 10am, on 8th and 22nd April; and 6th and 20th May, with coffee and biscuits after all, as usual.

All welcome. Services timetables are on the church notice boards too.

# Fornham Garden Club

In January, Fornham Garden Club members and guests enjoyed the club's annual dinner. A lovely evening with good food and an interesting quiz.

The February meeting welcomed Liz Long from Jubilee Farm, Great Barton to speak about how she and her husband Mike had journeyed into regenerative farming.

It was during lock down that they had researched soil health and what it would be like to eat only organically. They rent 16 acres and are 1 of only 2 of the 127 tenants of Suffolk County farms who farm organically.

Their aim is to produce local food for local people and are aiming to open a farm shop. They use regenerative methods which are - diversity, livestock integration, protection of soil surface minimising disturbance and maintaining living roots. This includes broad rotation, cover crops, no-till agriculture, all of which maintain soil integrity. The idea is that with healthy soil, there are healthy plants and animals, so therefore healthy people.

To date, the farm has hosted tree planting days, farm tours and launched a 'Veg Box' scheme. Two beekeepers have space also which helps with pollination, and there are also volunteers helping with the work.

Altogether an interesting and informative talk.

**Fornham Garden Club meets on the second Tuesday of each month in Fornham All Saints Community Centre at 7pm for refreshments, the meeting starting at 7.30pm.**

**For further information please contact Chairman, Ian Robertson on 07876 644611 or [ijfrob@gmail.com](mailto:ijfrob@gmail.com)**

# Friends of Fornham All Saints Village Hall

Are proud to present

## CHARLIE HAYLOCK

*“Eccentric Look at Suffolk”*

**TUESDAY 9th DECEMBER**

**Fornham All Saints Village Hall**

**7pm for 7.30pm**

**£7 members / £10 non-members**

**Includes a glass of wine or fruit juice**



Charlie Haylock is an historian of spoken English, a dialect specialist, an authority on his native Suffolk and a best-selling author. He has a regular spot on BBC Radio Suffolk, is the creator of weekly cartoons in the ‘East Anglian Daily Times’, and is a popular speaker on the history of spoken English

**This is one of the last talks Charlie will be giving before he retires from speaking at the end of 2025**

**Book now! Last few tickets are available**

**Contact Lynne Quayle on 01284 766909  
or [lynne.quayle99@btinternet.com](mailto:lynne.quayle99@btinternet.com) to reserve your place**

# Mobile Library

## Dates & Times for 2025:

April 22nd  
May 20th  
June 17th  
July 15th  
August 12th  
September 9th  
October 7th  
November 4th  
December 2nd  
December 30th

Lark Valley Drive  
12:00 – 12:30pm

For more information, visit the Suffolk Libraries website:

[www.suffolklibraries.co.uk](http://www.suffolklibraries.co.uk)



# Easter Holiday Activities and Food (HAF) Programme in West Suffolk

**What is HAF and who is it for?** HAF is a national programme funded by the Department for Education and coordinated locally by West Suffolk Council on behalf of Suffolk County Council.

It is primarily targeted at children or young people who are eligible for benefits-related free school meals. Activities are free and sessions include a healthy meal and snacks. Eligible families should have already received information through their school about HAF in their area.

There are also free places available to families with children or young people who don't receive benefits-related free school meals but who are struggling with the cost-of-living and suffering financial hardship.

**What activities are available and where?** We have 1973 places across 157 sessions taking place across many of our towns and several of our villages.

Activities include football, swimming, horse riding, roller skating, arts and crafts, film making, science, technology, engineering, and mathematics (STEM) activities, family park cooking and more.

We recognise there may be a small number of pupils who are eligible and live in areas where there isn't provision. These families should have received a letter from their school or college telling them how to book onto the activities on offer in West Suffolk. If transport is an issue, Suffolk County Council may be able to help and if you receive a query relating to this, please ask them to contact **HAFenquiries@suffolk.gov.uk**

**How do people book their place?** Families with children in receipt of benefits related free school meals can book their

places now. Use the QR Code on the poster below. Schools are also being given information to help any parents who cannot access online to book.

Families not in receipt of free school dinners, but still in financial hardship should contact the activity provider in the first instance to find out how to apply for a place or places, or they can go to our dedicated web page at:

<https://www.westsuffolk.gov.uk/leisure/holiday-events.cfm>



# Easter Holiday Activities

To find out more about FREE places for struggling families visit [www.westsuffolk.gov.uk/HAF](http://www.westsuffolk.gov.uk/HAF) or scan the QR code



# Fornham All Saints Computer Club

## A Thriving Year Ahead

It's amazing to think that nearly nine years have passed since we launched the Fornham All Saints Computer Club. First, meeting in the Three Kings and Village Hall, and later moving to the Community Centre, where we were lucky to gain access to a fast broadband connection. Back then, Windows 10 was all the buzz, and much of our focus was on mastering Microsoft's latest operating system. Now, as we bid farewell to Windows 10 with its end of support this year, we're gearing up for the transition to Windows 11. By October, we'll have guided our members through upgrades and new purchases, ensuring everyone can take full advantage of the exciting improvements Windows 11 has to offer. For those sticking with Windows 10, we'll ensure they're well-informed on their options and security measures.

Our Apple iPad and iPhone group has been equally busy exploring the latest system upgrades, with a particular focus on security. The Apple Password App has sparked great interest, especially for its seamless integration with Windows devices, making it a cross-platform tool worth mastering. The iPad group continues to thrive, offering a relaxed space where members can dive into some fantastic apps without the need to worry too much about technicalities.

As we kick off another training year, we're excited to welcome new members and offer beginner classes for both Windows and iPad users. Whether you're new to computing or looking to sharpen your skills, we've got you covered. Our first Windows session will start on April 22nd, followed by the iPad group on April 29th. No prior experience is needed, so if you're eager to improve your skills, be sure to get in touch!

*Bernard Grimshaw*

Bernard Grimshaw, Fornham All Saints Computer Club

# Don't let the Tech get you down!

## Join our friendly club for tutorials and one to one help



Fornham Computer Club, Fornham All Saints, Bury St Edmunds

### Find Out More

<https://www.fornhamcomputerclub.com>

Email: [fornhamcc@outlook.com](mailto:fornhamcc@outlook.com) or

Phone: Bernard on 07860 117680

We're entering our 9th year of providing simple, jargon-free tech advice for Windows and Apple users alike. Whether you're wondering about upgrading to Windows 11, exploring the latest iPads, or learning how to use the new Apple Password Manager with Windows, we've got you covered.

### Why Join?

- Friendly support for beginners and experienced users
- Monthly Apple & Windows meetings
- One-on-one help & drop-in sessions
- Online assistance for urgent tech problems
- Make new friends

 **When:** Twice a month (Apple & Windows sessions) on Tuesday afternoons

 **Where:** Fornham All Saints Community Centre, near Bury St Edmunds

 **Who:** Open to all skill levels—especially beginners!

Don't let the tech get you down—join our friendly club and get all the help you need!

**Membership costs £20 per year**

Beginners Group - Commences Mid-April  
Don't delay Enrol Now!

DID YOU KNOW THAT THERE'S FUNDING AVAILABLE FROM WEST SUFFOLK COUNCIL'S LOCALITY BUDGET FOR COMMUNITY GROUPS?

IF YOU RUN, OR ARE PART OF A COMMUNITY GROUP IN THE VILLAGE THEN YOU MAY BE ELIGIBLE FOR A GRANT

CONTACT THE PARISH CLERK FOR MORE INFORMATION OR TO PUT YOUR GROUP FORWARD



# Come on Georgie!

The Bugle would like to wish Georgie all the best for her first ever marathon on Sunday 27th April in London.

## Go on Georgie, you'll smash it!

Georgie told us in the last issue of The Bugle that she was running on behalf of the charity Mind.

She wanted to thank all those who donated after seeing her in the magazine. She's currently sitting at 66% of her £2200 fundraising target, and there's still opportunity to donate if you wanted to support her and this fantastic charity.

Either visit [www.bit.ly/4f2j7mB](http://www.bit.ly/4f2j7mB) or scan the QR code.



## We'd love to hear from you!

Would you like to publish a piece in The Bugle newsletter?

A poem, a short story, an article on something you find interesting or a hobby you enjoy doing, a community event or project, a recipe?

Please contact [buglenewsletter@gmail.com](mailto:buglenewsletter@gmail.com)

# Easter Colouring Fun



# Keep Cycling?

By Alan Leigh

The snowdrops and daffodils tell us it's Spring. Maybe you've seen the silver stars of wood anemones. Speaking of which, I'd like you to join my 'An Anemone Is Not An Enemy' campaign. Everybody, from Monty Don to Sir David Attenborough seems to swap the m of a-ne-mo-ne for an n, so it ends up being an enemy. Let's rescue this beautiful word! Anyway, moan (mone?) over... Anemones or enemies, whenever you think it started, it's certainly Spring.

Spring is the end of the natural world's hungry time, when the sun climbs high enough to trigger an explosion of new leaves, which perform their annual miracle of making food out of thin air - well, out of carbon dioxide, water and sunlight, with a pinch of other ingredients thrown in. For Nature it's the increase in day-length that's the starting gun for a competition that will last as long as the greenery. Insects that have spent the winter as dormant eggs are ready for that sunlight to signal the start of their race to develop, to get tucking in as soon as possible to all those fresh greens. Adult insects that made it through the hungry winter by hibernating or by sheltering in your shed will have been out already, using their last reserves to mate and lay springtime eggs, thus giving their offspring the quickest possible chance to grab feeding opportunities. And the things-that-eat-the-leaf-eaters have all their senses firmly fixed on the season. Blue-tits strive to nab the best nest-sites so that they can stuff their chicks with the first of the juicy, leaf-fattened caterpillars, whereas the sparrow-hawk and the magpie will bide their time until the caterpillar-eaters' nests are full of plump fledglings.

Hidden in the soil, an army of recyclers is hungry for the goodies from above to resume, because what goes in one end of a leaf-eater comes out of the other. The earth is made into soil by the life packed within it. Unnoticed, these organisms eat the waste drizzling down, breaking it down into reusable form.

Dissolved in water these nutrients are pumped up from root to leaf to join the magical food-making mix. It's a mysterious world of its own down in the soil, populated by a tangled web of organisms of many kingdoms, including the all-important fungi - about which I'll write another time. And so this complex cycle goes on. Almost all the food eaten by the creatures of the earth was first synthesised by chlorophyll, before being passed on. And the creatures of the earth includes us.

But the evidence is growing that the richness of this amazing system is struggling. In 2022 the UK stood at 147th out of 201 countries in the world biodiversity index. Just a statistic? Think on this... These days, we rarely have to clean our windscreens and number plates after a long drive. Yet back up to the 70s and 80s this was an essential summer task because a layer of insect corpses would have obliterated the registration number. Clean car-fronts are a sign of how depleted our insect population has become. Damaging one part of a cycle damages it all.

So what can we do..? Let our gardens get a bit untidy, with hiding places for insects. Grow as many kinds of flowers and leaves as we can. Let some grass grow long. Buy a hoe and stop buying agrochemicals. Tolerate some 'weeds'... Make sure you know what a ladybird larva looks like and, when greenfly strike, gently use an artist's paintbrush to move a couple of spotty friends to the feast.

*Alan*

# **A Lost Soul**

**By Kenneth Byrom**

A LOST SOUL  
ON THE STREET THE OTHER DAY  
I PASSED A MAN WHO'D LOST HIS WAY  
HE SEEMED AS IF HE WASN'T THERE  
IN MIND AND SPIRIT HE SEEMED ELSEWHERE  
ON HE WALKED HEAD BENT LOW  
EYES TO THE PAVEMENT AS IF TO FOLLOW  
AN INVISIBLE TRAIL UPON THE GROUND  
AS IF HOPING SOMETHING LOST WOULD BE FOUND  
THE DAY WAS DARK, COLD AND WET  
AND I SUDDENLY FELT A PANG OF REGRET  
THAT I HADN'T ACKNOWLEDGED HIM, SAID HELLO  
I SIMPLY STOOD AND WATCHED HIM GO  
I SAW HIM TURN A CORNER, GONE  
SO I WENT ON MY WAY. LIFE GOES ON

# Village Hall Diary

Activity	Date	Times
<b>Chain Reaction (textiles)</b> Hilary Belchak h.belchak@btinternet.com	Second Monday	10:00am - 1:00pm
<b>Jazz Club</b> Keith: 01284 761690	Third Monday	1:30pm - 4:00pm
<b>The Avenue</b> Jordan: 07555 603340	Every Tuesday	10:00am - 4:00pm
<b>Teaming Up</b> Jordan: 07555 603340	Every Tuesday	6:00pm to 9:00pm
<b>Stitch Group</b>	First Wednesday	10:00am - 4:00pm
<b>Ladies Club</b>	Third Wednesday	7:00pm - 10:00pm
<b>Mary's Quilters</b> Mary: 01284 700101	Fourth Wednesday	10:00am - 4:00pm
<b>Thursday Group</b>	Every Thursday	10:00am - 3:00pm
<b>Weavers</b>	First Friday	10:00am - 4:00pm
<b>Starz 2</b>	Fourth & Fifth Friday	10:00am - 4:00pm
<b>Whist</b> chrisbird2370@gmail.com	Every Friday	7:00pm - 10:00pm

## Party? Club Meeting? Exhibition?

If you would like to hire the Village Hall for your one-off or regular event, please contact:

**Lynne Quelch**

07552 061489 - [forhamhall@aol.com](mailto:forhamhall@aol.com)

*or*

**Maureen Hockett, Committee Chair**

07887 778353 - [maureenl.hockett@aol.com](mailto:maureenl.hockett@aol.com)

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**SUPPORT**



[infolink.suffolk.gov.uk/CostOfLiving](http://infolink.suffolk.gov.uk/CostOfLiving) 

## Is your group represented in The Bugle?

We want to know what's happening in the village, so if you want your group or organisation to be featured in this magazine, then please get in touch with the Editor for more information:

**[buglenewsletter@gmail.com](mailto:buglenewsletter@gmail.com)**

## Advertising

For advertising, or any article for inclusion in The Bugle,  
contact the Editor via email:

[buglenewsletter@gmail.com](mailto:buglenewsletter@gmail.com)

## Delivery

Laurie & Donna Pott - 01284 768784 / 07817 563655

## Please note

The deadline for articles to be included in the June - July issue  
of The Bugle is 20th May

## **WOULD YOU, OR SOMEBODY YOU KNOW LIKE TO PLACE AN ADVERT IN THE BUGLE?**

The Bugle is a free publication delivered to over 500  
properties in the village every two months.

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## CoVista Living: Enhancing Community Living with Extra Care

CoVista Living stands out as an exemplary Extra Care housing community, dedicated to providing freedom within a secure environment

### The Courtyard

Located in the serene village setting of Ixworth, CoVista Living offers comfort and support for those seeking independence and care, under the guidance of Registered Manager Ann Robinson. Each resident has a self-contained studio or flat, ensuring privacy while care assistance remains readily available.

The ethos of The Courtyard revolves around creating a warm, homely atmosphere where residents are truly embraced. This commitment is shown through a variety of meticulously organised activities, from entertaining singers and bands to spirited quiz nights and bingo sessions.

Additionally, residents benefit from a range of amenities including a well appointed restaurant, enchanting gardens,

and onsite hairdressing, barber, and beauty therapy services. CoVista Living truly encompasses a holistic approach to senior living, ensuring residents can thrive in a supportive and nurturing environment.

Residents also have access to a range of onsite facilities aimed at promoting mental, emotional, and social wellness. From activities that encourage socialisation and community engagement to alternative therapy options for those seeking holistic healing, every aspect of life at CoVista Living is designed to foster a sense of belonging and fulfilment.

*Join us for open coffee mornings every Monday at 10.30am to meet everyone.*

**To book a room for full-time or recovery purposes, contact Ann to secure your space.**

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# Anglim Health

## Private GP Surgery in Bury St Edmunds



Anglim Health are a fully equipped modern surgery with parking, conveniently located in Fornham All Saints.

At the heart of Anglim Health is Dr Anglim. He is passionate about providing a personalised and dedicated service to his patients.

Anglim Health offers regular or one-off appointments, there is no need to register first. Most importantly, appointments are face to face with a GP at a time that is convenient to you.

Anglim Health works alongside your NHS GP to ensure that you have the best healthcare options available to you.



### Urgent and Flexible Appointments

Appointments available quickly, including early, late and weekends.



### A Personal Relationship

A personal, private GP takes time to fully understand your circumstances.



### High Quality Care

We provide the highest quality care and can offer treatments and tests not routinely provided by the NHS.

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[www.anglimhealth.co.uk](http://www.anglimhealth.co.uk)



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## Menu

### AWARD WINNING FISH & CHIPS

Prime cod fillet from sustainable waters, cooked to perfection with our twice cooked chips.

Served with a wedge of lemon, parsley and Maldon sea salt.

### DEL TORO BURRITO & CHIPS

Crispy fish finger burrito with Asian slaw, sriracha mayo, mango chutney and Saturday night curry sauce. Served with our twice cooked chips.

### VEGGIE DEL TORO BURRITO & CHIPS\*

Panko halloumi with Asian Slaw, sriracha mayo, mango chutney and Saturday night curry sauce. Served with our twice cooked chips.

 \*AVAILABLE AS A VEGAN OPTION

### THE BOSS HOG JUMBO NEWMARKET SAUSAGE

Jumbo Newmarket sausage battered, served with our twice cooked chips, mustard and honey mayo and dill pickles.

### THE B.I.G BURGER & CHIPS

Crispy panko cod with wasabi tartare, spicy roquitto peppers, iceberg and candied lemon on a toasted broche. Served with our twice cooked chips.

### KIDS FISH OR SAUSAGE & CHIPS

Children's fish and chips or Newmarket sausage and chips. Served with tomato ketchup.

View our full menu and order online at [order.pimp-my-fish.co.uk](http://order.pimp-my-fish.co.uk)  
or if you don't mind waiting then order at the hatch.

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# Fornham House

Caring is at the heart of everything we do

Fornham House care home in Fornham St Martin, Bury St Edmunds offers a warm, homely environment, providing quality nursing, residential and dementia care on a permanent and respite basis.

Fornham House offers a range of lounges and relaxation areas, where many social activities take place and are complemented by patio and garden areas for outdoor relaxation. There are generous rooms, some ideal for couples and all with en-suite facilities. Fornham House's range of private and communal spaces provide residents with the necessary facilities for a quality life in later years. Our brand new purpose-built extension has 17 en-suite rooms suitable for those living with dementia. Our extension provides modern fittings throughout, yet exudes a cosy atmosphere, in keeping with the tradition of Fornham House. All rooms are fully furnished, however we encourage residents to bring with them items of furniture and personal possessions so that their room can be a true 'home from home.'



Why not speak to our Home Manager to arrange a viewing appointment?

Our team is always on hand to discuss your care needs and the lifestyle we provide.



01284 768327

Fornham House, Fornham St Martin, Bury St Edmunds, Suffolk, IP31 1SR



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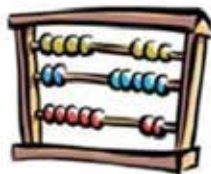


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**The Parish Council on behalf of all parishioners would like to acknowledge with thanks and appreciation, the work carried out by the volunteers who organise and distribute The Bugle.**

# Local Services & Useful Contacts

Organisation	Details	Phone No.	Comments
Bugle Newsletter	buglenewsletter@gmail.com		Justin Hook
Church	St Martins Church, Fornham St Martin www.northburychurches.org.uk	01284 700400	
Citizens Advice	www.suffolkwestcab.org.uk	0808 278 7868	
Councils	West Suffolk Council www.westsuffolk.gov.uk	01284 763233	
	Suffolk County Council www.suffolk.gov.uk	0345 606 6067	
	Parish Council www.fornhamstmartin.onesuffolk.net	07712 232920	Vicky Bright Clerk
Electricity	UK Power Networks www.ukpowernetworks.co.uk	0800 3163 105	Report Outages
<b>EMERGENCY</b>	<b>Ambulance / Fire / Police</b>	<b>999</b>	
Gas	British Gas www.britishgas.co.uk	0800 111 999	Report Leaks
Halls	FSM Village Hall fornhamhall@aol.com	07552 061489	Lynne Quelch
Medical	West Suffolk Hospital www.wsh.nhs.uk	01284 713000	
	NHS Non-Emergency	111	
Police	Non-Emergency www.suffolk.police.uk	101	
	Crime Stoppers www.crimestoppers-uk.org	0800 555 111	
Samaritans	Bury St Edmunds Samaritans www.samaritans.org	01284 750000 116 123	Local Rate Free
Transport	National Rail www.nationalrail.co.uk	03457 484950	
	Travel Line www.suffolkonboard.com/buses	0871 200 2233	
	Bury Taxi	01284 766777	
Water	Anglian Water www.anglianwater.co.uk	0800 771881	Report Leaks