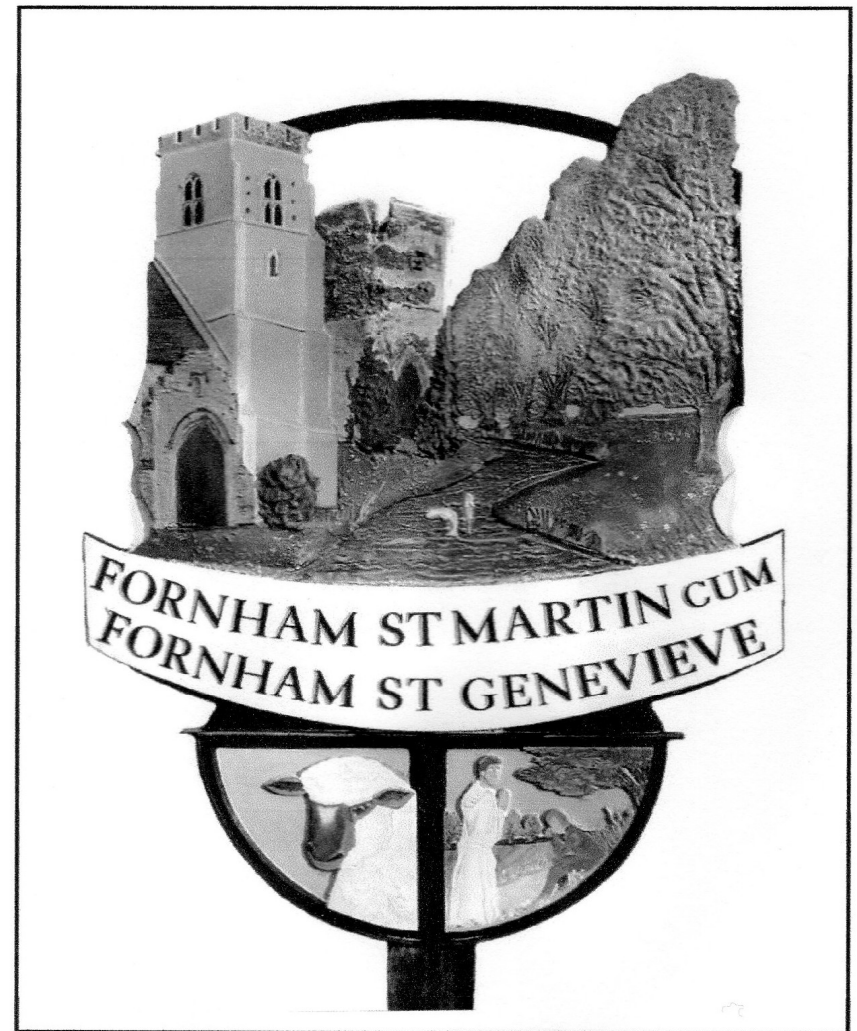
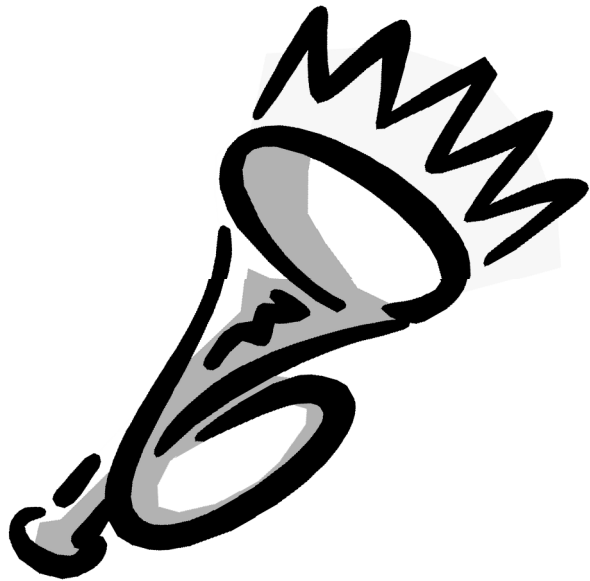


Fornham Bugle

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DECEMBER 2022 - JANUARY 2023

The Parish Council on behalf of all parishioners would like to acknowledge with thanks and appreciation, the work carried out by the volunteers who organise and distribute the Bugle.

Newsletter number **126**

For **advertising**, or for any articles for inclusion in The Bugle, contact the Parish Clerk (see below) or via email on website <http://fornhamstmartin.onesuffolk.net>

Delivery enquiries:

Peter Forster Tel No: 01284 764723

Please note: The deadline for articles to be included in the **FEB/MAR 2023** issue of The Bugle is **NOON** on **Friday 20 JAN 2023**

ADVERTISING IN THE BUGLE

The BUGLE is a free publication to all residents of Fornham St Martin and Fornham St Genevieve. There are six editions per year.

Our advertising rates from December 2022/January 2023 are £66 per ½ page for 6 editions £132 per full page for 6 editions.

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Vicky Bright, email your enquiry to fsmsgpc@gmail.com

Orientation	FULL PAGE	HALF PAGE
H x W	180 x 115 mm	85 x 115 mm

Please supply logos in JPEG format and text as a Word doc.

USEFUL TELEPHONE NUMBERS

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Councils	West Suffolk District Council	01284 763233
	Suffolk County Council	0345 606 6067
Electricity	UK Power Networks (Power Cuts)	0800 316 3105
EMERGENCY	POLICE / FIRE / AMBULANCE	999
GAS	If you smell gas, think you have a gas leak, or are worried that carbon monoxide fumes are escaping from a appliance, please call the free Gas Emergency Services line immediately.	0800 111 999
Police	Contact your local police in England, Wales, Scotland or Northern Ireland - less urgent than a 999 call.	101
	Crime stoppers	0800 555 111
NHS	Free-call single <i>non-emergency</i> number medical helpline operating in England and Scotland.	111
Hospital	West Suffolk Hospital, BSE	01284 713 000
Samaritans	Bury St Edmunds	0845 790 9090 Charges apply 116 123 Free Phone
Transport	National Rail Enquiries	03457 48 49 50
	BSE Bus Station	01284 702020
	Bury Taxi	01284 766777
FSM Village Hall	(Lynne Quelch) fornhamhall@aol.com	07552 061489



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What's on in Fornham St Martin Village Hall

Weekly

Tuesday 10:00 am to 12 noon Mums & Toddlers**

** Term Time Only

Monthly

1st Mon	10:00am to 1.00pm	Chain Reaction
1st Tues	2:00am to 4:00pm	Jazz
1st Thurs	10:00am to 4:00pm	Patchwork ##
2nd Tues	10:00am to 4:00pm	Textiles +
3rd Mon	10:00am to 12 noon	Probus Ladies
3rd Wed	7:30pm to 9:30 pm	Ladies Club
3rd Thurs	10:00am to 4:00pm	Patchwork ##
3rd Fri	12 noon to 4:00 pm	Spinners and Weavers
4th Wed	10:00am to 4:00 pm	Quilters
4th Fri	10:00am to 4:00pm	Textiles +

Occasional meetings

Parish Council, Village Hall Committees

If you would like to book the Village Hall for a club meeting, exhibition, or private party, please contact for bookings and enquiries

Lynne Quelch, 07552 061 489 fornhamhall@aol.com or Maureen Hockett,

Committee Chair for information 07887 778 353

maureenl.hockett@aol.com

Sudoku - not too hard

3	1	6	2	4	7	8	9	5
5	9	2	8	3	6	1	4	7
8	7	4	6	1	5	9	2	3
1	2	5	3	6	8	4	7	9
9	4	6	7	5	2	3	1	8
2	3	8	4	9	1	6	5	7
4	7	5	9	8	6	2	1	3
2	8	3	1	7	4	5	9	6
6	9	1	5	2	3	7	8	4

Sudoku - harder

5	9	8	4	3	6	1	2	7
6	4	2	7	5	1	9	8	3
3	7	1	9	8	2	6	4	5
8	1	6	5	7	9	2	3	4
4	5	9	1	2	3	8	7	6
2	3	7	8	6	4	5	1	9
1	2	3	6	9	7	4	5	8
7	6	5	1	4	8	3	9	2
9	8	4	3	2	5	7	6	1

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PARISH COUNCIL

John Borrett (Chairman)	Fornham St Martin	01284 747140
Michael Collier (Vice Chair)	Fornham St Genevieve	01284 704851
Simon Ely	Fornham St Martin	07775 089477
Frank Stennett	Fornham St Genevieve	frank@stennetts.co.uk
Penelope Borrett	Fornham St Martin	01284 747140
Peter Forster	Fornham St Martin	01284 764723
Paul Butler	Fornham St Martin	01284 760119
Vicky Bright	Parish Clerk	07712 232920
		<u>fsmgpc@gmail.com</u>

*Any parishioners wishing to raise an issue should contact the Parish Clerk
tel 07712 232 920 between 9.30 am - 2.30 pm Mon to Fri or between
6 pm - 7 pm Mon & Thurs evenings. Or email anytime : fsmgpc@gmail.com.
Parish Office: 3 Scott Avenue, Mildenhall, Suffolk IP28 7LT (Appointment only)*

The Parish Council meets on the second Thursday of each month at 7:30pm in the Village Hall with the exception of August & December.

West Suffolk/ County Councillor	
Rebecca Hopfensperger	07876 683516
Sarah Broughton	07929 305787
MP	01284 752311
Jo Churchill	jo.churchill.mp@parliament.uk
Suffolk County Council	email customerservices@suffolk.gov.uk
West Suffolk Council	customerservices@westsuffolk.gov.uk
	Telephone 01284 763233

David Yates
(Churchwarden)
email dyates11@hotmail.co.uk
telephone 01284 705157

**FORNHAM ST MARTIN CUM ST GENEVIEVE
PARISH COUNCIL S.137 DONATIONS FOR
COMMUNITY GROUPS**

The Parish Council has a pot of funds that allows them to give donations to Community Groups/Organisations, to assist them with their running costs etc.

Due to the Pandemic, we realise that many groups have been unable to meet for some time, therefore if your group is now in a position to meet again and you need assistance with any running costs associated with this, please contact
The Parish Clerk at fsmgpc@gmail.com
to apply for a donation.

The Parish Council Minutes of Meetings are in an abbreviated report format in the Bugle. Full copies of Draft and Approved Minutes can be viewed on our website;

<http://fornhamstmartin.onesuffolk.net/parish-council>

or can be requested from the Clerk :-

by email fsmgpc@gmail.com or by writing to The Parish Clerk, at **Parish Office: 3 Scott Avenue, Mildenhall, Suffolk IP28 7LT**

**Malcolm Jeffery
Community Funeral Celebrant**

My name is Malcolm, and I am your local community funeral celebrant living locally in Manners Road, Fornham St Martin. I can conduct religious, semi-religious and non-religious funerals and have over 20 years' experience.

When the time comes, I'll phone you and help you to prepare the funeral for that special person via phone, email or zoom. I can give advice and guidance or follow the plans you have in mind. I have conducted funerals at the Crematorium, Woodland Cemeteries and at the Cemetery Chapels followed by a burial. I am also happy to plan visits in advance of your loved ones passing, if you would like this to happen.

My contact details are below.

Mobile 07988 770022
Email malcolmjeffery@mail.com
Website malcolmjeffery.co.uk





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SUMMARY DRAFT SEPTEMBER 2022 Minutes of the Meeting of Fornham St Martin cum St Genevieve Parish Council

Councillors present: Cllr. J. Borrett - Chair (JBo), Cllr. M Collier - Vice Chair (MC), Cllr. P. Borrett (PBo), Cllr. P. Butler (PBu), Cllr. P. Forster (PF) & Cllr. S. Eley (SE)

Also present: Vicky Bright, Clerk, Cllr. Hopfensperger, WSC/SCC and 8 members of the public. Apologies: Cllr Frank Stennett.

Approval of the Minutes of the Parish Council Meeting held on 21st July 2022 -

The minutes of the Parish Council meeting held on 21st July 2022 were adopted as a true statement and signed by the Chairman (JBo).

Planning applications considered:

DC/22/1378/FUL - RETROSPECTIVE APPLICATION - outdoor gymnasium with open sided exercise shelter and moveable exercise equipment Location: All Saints Hotel, The Street, Fornham St Genevieve Resolved 22/09/6.01

It was agreed to object to retrospective application DC/22/1378/FUL with the following comments submitted to the LPA;

"Firstly, we would like to raise our concerns over the fact that the application is retrospective and bring attention to the applicants' blatant disregard for Planning Law. The lack of a planning application has meant that all the proper safeguards to protect wildlife, the environment, neighbours and any archaeology have been bypassed. In April 2021, following a site inspection by Planning Enforcement Officer, Andy Smith, it was noted that a request had been made to the owner to submit planning permission, albeit retrospectively, however it has taken another 16 months for this to be submitted.

The fact that the structure has already been built within St Johns Plantation, without the appropriate planning permission, within an ancient woodland that is protected by TPO 030(1960) W1 and TPO 003(1974) W1, shows the applicants complete disregard for the natural environment and historical and environmental value of the site. Paragraph 170 of the National Planning Policy Framework states:

Planning policies and decisions should contribute to and enhance the natural and local environment by: a) protecting and enhancing valued landscapes, sites of biodiversity or geological value and soils (in a manner commensurate with their statutory status or identified quality in the development plan). The application does not mention the loss of trees, it also states that there are no protected or priority species or important habitats on the site, however, it is impossible to know what was destroyed by the removal of the trees and subsequent building works as no ecology assessment was made prior to their destruction and construction of the gym. Concerns regarding the felling of the trees were raised in March 2021 and in April 2021; as the Parish Council we reported this to the local Enforcement Team to investigate and in April 2021 were advised that a site inspection had taken place, by Tree Officer Falcon Saunders, and it was noted that there had been a loss of trees and that land levels had changed which may be detrimental to the remaining trees in the area. It was stated that actions should be carried out to mitigate some of the damage that has already occurred by carrying out remedial works and replacement planting, along with replacement planting at a previous site where tree felling had taken place within the protected woodland (without permission), none of which has been carried out or enforced. Again, this highlights a historical disregard by the applicant for obtaining the correct permissions, adhering to planning/TPO law, adhering to enforcement recommendations and lack of concern for the local environment.

It is noted that there is a concrete "service track" within the woodland on the maps in the application; which is used by groundskeepers and presumably used during construction, this track also has no planning permission and again there is evidence of trees being felled for the construction of the track. Over the last two summers neighbours have been subjected to noise disturbance, starting as early as 6:45am most days, this incorporates loud shouting by instructors, music and repetitive noise from the use of a punch bag. Not to mention the noise endured by neighbours from heavy construction machinery during construction to fell trees, along with that was the pollution from bonfires regularly lit near neighbouring properties to dispose of the trees once felled. Residents have been historically complaining to the applicant and the gym staff regarding the noise, with no resolution to the issue being reached, and in fact with little effort from the applicant to resolve the issues being demonstrated. The noise of the instructors 'shouting encouragement' and counting 5,4,3,2,1 can be heard clearly by neighbours and as far away as



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Lark Valley Drive end of Birkdale Court, some 300 metres away. The Parish Council have also raised the issue of noise disturbance to the applicant, again with no demonstration of any action to remediate the situation. Again, had planning permission been applied for before construction, the issue of noise pollution from the gym could have been addressed and conditions set to ensure this did not become a problem for residents. We would strongly recommend that if permission is granted, that conditions of approval be set to ensure the following; NO loud music, NO loudspeakers only headphones to be used, with opening hours 8am-5pm only, with NO Sundays or Bank Holidays.

Nearby neighbours are also being affected by early morning and evening light pollution, due to the lights used at the gym. Residents close by have reported light shining into their windows.

The application states 'No' under "Can the site be seen from a public road, public footpath, bridleway or other public land?" However, the gym structure can clearly be seen from 2 public rights of way paths across the golf course, as well as from a footpath leading from Park Avenue to St Andrews Drive.

The Parish Council would reiterate, that with the application being flawed with inaccurate information, the fact that it is retrospective and with the felling of TPO protected trees, along with the constant and distressing noise disturbance caused to residents, that we strongly object to the application and would strongly recommend refusal and immediate removal of the structure, along with enforcement to ensure the remedial works and replacement tree works be carried out forthwith."

DC/22/1409/HH - single storey rear extension with pitched roof (following demolition of existing conservatory) Location: 14 Turnberry Drive, Fornham St Martin. Resolved 22/09/6.02

No objections to application DC/22/1409/HH.

DC/22/0984/HH - a. single storey rear extension following demolition of existing garden room b. first floor side extensions over existing single storey elements c. replacement veranda d. render to all external elevations e. replacement roof covering f. replacement windows and doors Location: 3 Parklands Green, Fornham St Genevieve. Cllr. M. Collier declared an interest in this application and as such, did not take part in the discussion.

Resolved 22/09/6.03

No objections to application DC/22/0984/HH.

DC/22/1494/HH – a. single storey first floor extension with balcony b. installation of door to side elevation c. single storey rear extension Location: Larks Pool, Mill Road, Fornham St Genevieve Resolved 22/09/6.04 No objections to application DC/22/1494/HH.

Planning For Information:

DC/21/1426/FUL – a. reconfiguration of second floor roof to existing bedroom wing b. four storey linked extension creating 37 bedrooms and three residential dwellings on the second floor – Delegated 12th July 2022
*Recommended for Refusal – Decision still pending!

DC/22/1096/HH – single storey rear extension (following demolition of existing conservatory). Location: 3 Troon Court, Fornham St Martin , Suffolk – Approved 30th August 2022.

DC/22/1104/FUL – first floor extension to gymnasium. Location: All Saints Hotel, The Street, Fornham St Genevieve – Approved 16th August 2022.

Update on Enforcement Ref: St Johns Plantation/Golf Course Trees & Outdoor Gym Building Ref: EN/21/0057

The Clerk advised that following the Tree Officers site inspection in April 2021, the hotel had been advised that 'remedial works and replacement planting to negate the impact of the loss of trees that has been identified at the site was needed, along with some replanting that had already been requested at another area of the site.' This works and replanting has never happened and despite many emails and follow ups, the Enforcement Team have failed to address the issue, with a recent response from Rachel Almond to Cllr, Hopfensperger stating.... "The development comprises of a roofed structure and adjacent gym equipment. We understand it was installed as a response to government legislation during the pandemic which allowed for group fitness activity to be conducted outside. Government guidance at the time was to allow businesses to adapt to lockdown rules with minimal interference from Local Planning Authorities and to effectively tolerate short term breaches of planning rules. This was followed up by subsequent emergency amendments to the General Permitted Development Order and briefing notes from the Ministry of Housing, Levelling Up, Housing and Communities along the same lines.

Similarly, the subsequent enforcement investigation that followed the original complaint about tree removal was conducted at a time where normal working practices were suspended and matters were delayed.

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Additionally, the two officers involved have now left the authority. I can see that the investigation was hindered by the pandemic and continuity that one would ordinarily expect.

Turning to the enforcement investigation, once the facts were established the enforcement team then had to consider whether it should instigate criminal proceedings in relation to unauthorised tree removal, whether any loss of trees would have been granted had consent been applied for and a need to regularise the development of the outside gym. The complaint was the clearance of an area of woodland TPO and the operational development as an outside gym. The latter is not in doubt and indeed the subject of the current application. The investigating officers confirmed that it was likely that trees had been removed and there was some evidence that land levels had been changed. An existing concrete pad had been extended and a road/track resurfaced. The unauthorised removal of such protected trees would constitute an offence. To pursue this through the courts would require the evidential and public interest test to be satisfied. From an evidential perspective the Council could prove the existence of the woodland TPO; as to what exact trees were or were not removed proved to be difficult to evidence beyond reasonable doubt, which is the test applied in the courts. From a public interest perspective, given the pandemic, government guidance on assisting businesses to adapt to Covid recovery and that the matter could be addressed through a subsequent planning application (which could include replacement planting), it was determined that criminal proceedings were not appropriate.".... ..

The Council expressed their frustration that the replanting scheme was not being enforced and that the applicant was being allowed to break the law with no consequence.

Cllr. Hopfensperger is to go back and follow this up with Rachel Almond.

Update on Enforcement Ref: Petting Zoo/Field at bottom of Barton Hill Ref: EN/22/0105

The Clerk advised that Enforcement had investigated the site and the case has now been closed by WSC.

Update on Enforcement Ref: 21 Barton Hill Market Stall Ref: EN/22/0153

The Clerk advised that enforcement has investigated and the resident has been asked to remove the stall/tents.

Highways/Footpaths & Trees:

Update on Highways Outstanding Matters

- **Flooding BMW garage** – this has been added to the works schedule for this financial year (22/23); new gully’s will flow into carrier pipes (extra pipes to be added) into the ditch.
- **Russell Baron Road** – Still flooding!! We were told the drainage had been jetted in July 22, but the Chair has confirmed that this is not the case. Cllr Hopfensperger to follow up.
- **Barton Hill Flooding** – a kerb outlet not in operation has been identified and will be re-commissioned, the Chair advised that this has been filled back in! Cllr. Hopfensperger is to follow up.
- **The street licence application and Locality funding** - the application is to be filled out by the Clerk for the new entrance gate (FSG end) and new sign on The Street.
- **The 4 trees removed on the new footpath to the Hub** - the team have confirmed that they will be replaced.
- **The missing/damaged 30mph signs** - will be replaced

Vegetation/Grass Cutting on verges/footways/public footpaths Update SCC Ref: 00365939, 00365940

Works to the Thetford Road footway have been ordered. Cllr. Hopfensperger has been asked to chase up the cut to the Bridleway/Footpath 005, and to ensure that it is added to the regular cutting schedule in future.



SUDOKU

HARDER

	8		4	2				
3					7		5	
4				1		6		2
2	3							
			3		1			
							4	9
1		2		8				6
	9							4
				7	6		8	

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Parish Matters.

Discuss Gates Security / Replacement & CCTV.

The Clerk presented a quote for the metal security gates and it was discussed that the current gates are more aesthetically pleasing and some members wanted them to remain. It was discussed that it was vital to act fast to prevent any more illegal encampments gaining access. The suggestion of an overhead barrier was also discussed, as was access to utilities. It was agreed to install the new gates as a first phase, with the barrier, hedging/fence security and utilities access being discussed on a later agenda as a second phase. It was agreed that the new metal gates should be installed behind the wooden Jubilee gates, which are to remain.

Discuss Bugle Editorial Vacancy Applicants and Interviews

It was agreed to extend the application process and the Clerk is to do a full page spread advert for the role in the next edition of the Bugle. Cllr. J. Borrett is to compile and prepare the next edition.

VAS/SID Data Report / Discuss Lithium Batteries Upgrade

Matthew has been regularly charging and rotating the units around the village sites, our thanks to him for his hard work. Training still needs to be completed in order to set up the data extraction and compiling.

Finance & Policies:

Parish Council Bank Reconciliation from list of payments/receipts The bank balances and reconciliation of payments and receipts were received and adopted and initialled & signed as such by the Chairman. The bank account balance as of the 1st August 2022 is £37,847.41.

**The next Parish Council Meeting is to be held on Thursday 13th October 2022 at 7:30pm, in the Village Hall.
Meeting closed at 10:13pm.**

WOULD YOU LIKE TO LEARN HOW TO PLAY BRIDGE?

During lock-down, a local bridge Club (Deben) closed its doors. They donated their club funds to **Suffolk Bridge**. These funds are now being used as part of the 'Deben Project' to offer **free bridge lessons in Suffolk in partnership with Suffolk Libraries. Bury St Edmunds, library** will be one of the venues for this initiative.

The classes will be completely free and will be run by qualified English Bridge Union Teachers (EBU.) They will be held in the local Bury St Edmunds library, who have also offered their room free of charge. The lessons will begin in the Autumn and the plan is for a 2 hour lesson once a week on a Tuesday morning – these details are to be confirmed.

We are trying to 'spread the word' in the local area and we are approaching a plethora of local and regional publications to help in the marketing of this project. As a local resident in Fornham and a qualified EBU teacher I will be involved in this project. If you would like any more information please do not hesitate to contact me.

Tim Evans - 07785 973803
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CHURCH NEWS

The over-riding subject last month was the sad and rather unexpected death of Her Majesty Queen Elizabeth on 8th September at Balmoral, with the state funeral on 19th September at Westminster Abbey. The period of mourning was embraced by thousands, gathering at the Queens principal residences Balmoral, Sandringham, Buckingham Palace and Windsor, with thousands from all over the world queuing to pay their respects at the lying in state at Westminster Hall, not put off by the length of the queues and time involved, they just 'had to be there'.

The extent of the endearing and enduring love and affection for the Queen quite extraordinary, but not really unexpected for our longest serving Monarch of 70 years, with so many people not knowing any other one than Queen Elizabeth 11.

The services were so moving, and based fully on the Queens strong Christian Faith, which she had set out herself with her family beforehand, with the Archbishop summarising clearly in the words "Her soul now passeth into Heaven"

Those interviewed for TV often came out with a common theme that they especially remembered at this time their own similar circumstances of loss and grief, as well as their fondest personal memories or connections of the Queen.

But a quote of the Queen's that " Grief is the Price of Love" was so relevant it meant such a lot on the day to them.







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David's was undoubtedly when he and Margaret were invited to one of her Garden Parties at Buckingham Palace on 28 May 2015, apparently for Community Service, nominated by the Parish Council. Although claiming it was undeserved, The Lord Lieutenants' Office responded "That's what they all say." And what a fantastic unforgettable day it was, with 8000 gathered in the 40 acres of garden, on a warm sometimes sunny day, so well organised it never seemed crowded. Even queuing for the dainty sandwiches, mini Battenbergs and jam and cream scones was short and brief for tea, and plenty of small tables and chairs.

Lots of music from various military bands kept up the warm and friendly atmosphere, clearly enjoyed and appreciated by everyone, made it our most personal and treasured memory of the Queen. Although we didn't get very close to her, with regimented lines of those allowed to briefly meet her, we did get a lovely photo of her back, in one of her delightful pink dresses and hat.

In the church at FSM we laid out the side altar with a photo of the Queen and the prayer issued by the Diocese on a black cloth, together with a Book of Condolence, which 28 signed with their own personal comments, together with The Parish Council and the Parochial Church Council.

The Queen is Dead, Long Live The King.

The Book Sale Coffee and Cakes went very well on 3rd September, with a very good turnout, raising £950 for the Bells Project. Thanks to everyone supported and enjoyed this. Draw tickets for the beautiful quilt donated by Catherine Buxton went well, with the winner to be drawn on 19th November after the Book Sale. Tickets available from Beryl, David and Catherine £1 each.

Future events include the next Book Sale Coffee and Cakes on 19th November with a Christmas Stall to get your cards, etc nice and early.

Add feed (apparently working a banana skin in around the plant will provide a potassium supply!)

Dead heading: keep up the dead heading to promote a good display of flowers, pruning back to 5 or more leaflets. Climbers/ramblers: should be tied into horizontal wires to promote the maximum number of flowers.

Simon finished his talk by running through some of the more popular varieties, such as Norwich Castle (copper orange, good bedding variety) and Ghislaine de Feligonde (musk-scented shorter Rambler), to name but a few! Fornham Garden Club meetings are held at 7:30 pm in the Community Centre, Fornham All Saints. Forthcoming talks are 11 Oct (Autumn Wreaths), 8 Nov (Principles of Garden Design) and 13 Dec (Flowers of the Drakensburg). Visitors and new members are very welcome. Anybody with any queries should contact the Chairman, Ian Robertson (07876 644611).

SUDOKU

NOT TOO HARD

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			9			4		8
2	8	4				1	7	
9		5				9		
8				1		7		
4	2				7		3	
2	6		6		2			

FORNHAM GARDEN CLUB – Catriona Smart

At our meeting in August we welcomed Simon White, General and Sales Manager of Beale's Roses in Attleborough (classicroses.co.uk). Simon has visited the Club on numerous occasions and this time his talk was on "Rose Growing Made Easy".

He began by giving a brief introduction to Beale's and rose production. The nursery stocks about 1100 varieties and produces over 250,000 plants per year, with 2 years' crop in the ground at any one time. The planting of the nursery crop begins in spring with 30,000 plants machine planted each day.

Planting distance: modern roses (18 inches – 2 ft), shrub roses (2-3 ft), climbers and ramblers (7-10 ft). Add bone meal or mycorrhizal fungal powder. Bare rooted plants must go in from end Nov-Mar; containerised plants at any time.

Planting depth: ensure the graft is at least one foot below soil level. With bare rooted plants, give a hard prune to 3-5 inches above ground at time of planting.

Water: water well at time of planting and throughout the year, particularly the first.

Feeding: Add granular feed around base of plant in Feb/Mar and again in July. Supplement with a liquid feed every 14 days in the growing season.

Pruning: prune hard in early spring, cutting out dead, diseased, damaged, and weak branches, removing all crossing branches to maintain an open structure similar to the shape of a wine glass. Bypass secateurs are best as they provide the cleanest cut. Prune at a 45 degree angle above a bud or straight across.

The annual Suffolk Historic Church's Trust, Ride and Stride on Saturday 10th September, went well, thanks to Judith and Simon Eley doing the riding around 13 country churches in all, and Heather Long striding around her 9 Bury churches. At present just over £400 has been raised in sponsorships, so thanks to everyone who supported them. On 1st October there is another of our Jams and Chutney Sales at the Gate, in the churchyard, with a very nice selection lovingly made by Beryl, Heather, Sarah and Sylvia, at present, with teas and probably a few cakes and scones available too. Then, we welcome the return of the Tudor Rose Singers on Saturday 29th October. They have performed in the church many times, and it will be nice to see them again, with their usual variety of light entertaining singing, to keyboard accompaniment.

The 100 Club winners in October are: 1st £30 Judith Eley no.100; 2nd £20 Bob Hope no. 95; 3rd £10 Muriel Manning no.27. And in November will be: 1st £30 Tim Claydon no.58; 2nd £20 Martin Barnes-Smith no.43; 3rd £10 Roy Knight no.33.

Thanks again to everyone in the 100 Club supporting the church. A vacancy has just arisen, if anyone is interested in joining The Club, to maintain the 100 membership. Just £1.25 per month, usually collected annually in January. Contact David 705157.

Church Services 10am, in October are on Sundays 9th & 23rd October; and Tuesdays 4th & 18th. In November on Sundays 13th and 27th November at 10am, with the Remembrance Service and laying of wreaths at the War Memorial on 13th at 10.50am, and Tuesdays 8th and 22nd. All welcome: young, not so young, male and female etc. Taking this opportunity, we have a volunteer vacancy for help with cleaning the church, once a month, to run the Hoover over the carpets, and a duster over the pews. SO, not a lot necessary but help would be much appreciated to keep the church suitably clean and ready for the services and other events. Come and join the team.... Churchwardens Beryl Dykes 704109 & David Yates 705157.

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BABIES AND TODDLERS CLUB

We meet at Fornham St Martin Village Hall on Tuesday mornings during school term-times, 10:00 - 11:30. We welcome everyone from newborns to pre-school aged children.

There are a wide variety of toys to play with: musical instruments and rattles, shape sorters, stacking cups, blocks to build with, books to share, puzzles, small world animals and tea sets, for example.

Our memory foam playmat gives our youngest visitors a dedicated play space to explore.

We have a range of ride-on and rocker toys for the children to enjoy. As the children build their confidence, they love zooming around the hall together! Given the size of the village hall, we have a limit of ten families per session.

This ensures that everyone has enough space to play!

There are often a few spaces available each week so do contact me if you would like to try a session.

£2 per session

Nicky Warwick: **07786 575801**

<https://www.facebook.com/fsmbabiesandtoddlers/>

What do dentists call their x-rays? *Tooth pics.*

How was the first cafe on the moon? ... *Great food, no atmosphere.*

What was that rumour about butter? *I don't want to spread it.*

How many tickles to make a octopus giggle? ... *Ten tickles.*

Why were they called the dark ages?... *There were a lot of knights.*

What runs around a garden without actually moving? ... *A fence.*

Why do bees have sticky hair? ... *Because they use honeycombs.*

Where do sheep go to get their hair cut? ... *The baa-baa's.*

Where do you learn to make banana splits? ... *At sundae school.*

Crabs don't share anything ... *they're just shellfish.*

Why didn't the skeleton go to the ball? ... *he had no body to go with.*

What is the opposite of a croissant? ... *A happy uncle.*

I lay awake all night worrying about where the sun was ... *then it dawned on me.*

Knock Knock... Who's there? ... Cow says... Cow

says who?... no no, a cow says mooooo.



In 2022 help an older person or a person with a disability, to remain safer in their home.

Since 2019 Able Community Care, a Norfolk, nationwide, Live-in Care Provider, has been offering older people and people with a disability, a free door sticker to deter unwanted callers.

It is a fact that older and vulnerable people are targeted by fraudulent traders, workmen and fake 'professional' people such as conmen advising they are from the Water Board, Gas Board, NHS Covid Dept., etc. As many people have told us, this sticker on a door does mean they walk back down the path.

To date we have given out nearly 80,000 door stickers and if you know of an older person who would like to have one, please email us at info@ablecommunitycare.com telling us how many you would like and the address to send them to.

We are happy for you to share this offer on your Facebook page or in your local magazine/ newsletter.

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Angela Gifford, Managing Director

Able Community Care Ltd, The Old Parish Rooms, Whitlingham Lane, Trowse, Norwich. NR14 8TZ. Tel: 01603 764567

Parish Council Notices

The Parish Council express their gratitude to the **volunteers** who happily exhausted themselves in spreading playgrade woodchip to the Trim Trail, on the King George Playing Field. This is essential for Health & Safety of users of the trim trail exercise equipment.

Suffolk Highways Online Reporting Tool:-

<https://highwaysreporting.suffolk.gov.uk/>

The Highways Reporting Tool allows you to report a new defect and monitor the status of existing reports, such as; blocked drains, Cycle lane/tracks & public right of way issues, damaged drain-manhole cover, debris, weeds or mud on the road, flooding on a road or pavement, missing/damaged barriers or guardrails, missing/damaged or obscured signs, missing/faded road markings, Potholes & Pavement defect, trees/hedges affecting the highway or footways

Do not report a highways problem *online* if:

- it poses an immediate danger to public safety - call 0345 606 6171.
- it's on a trunk road in Suffolk - call the National Highways Information Line on 0300 123 5000