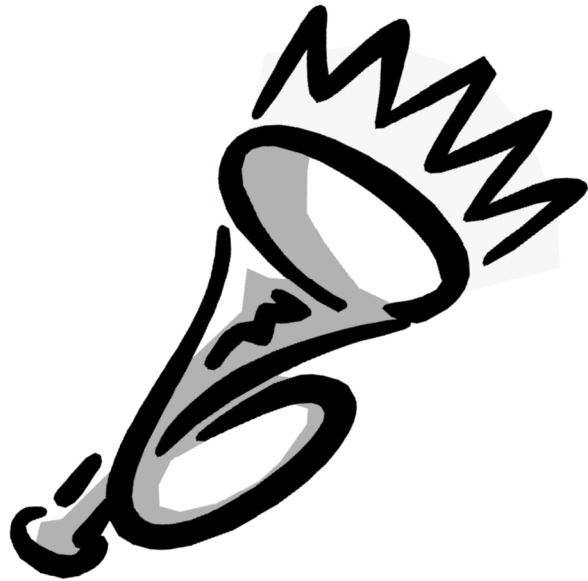


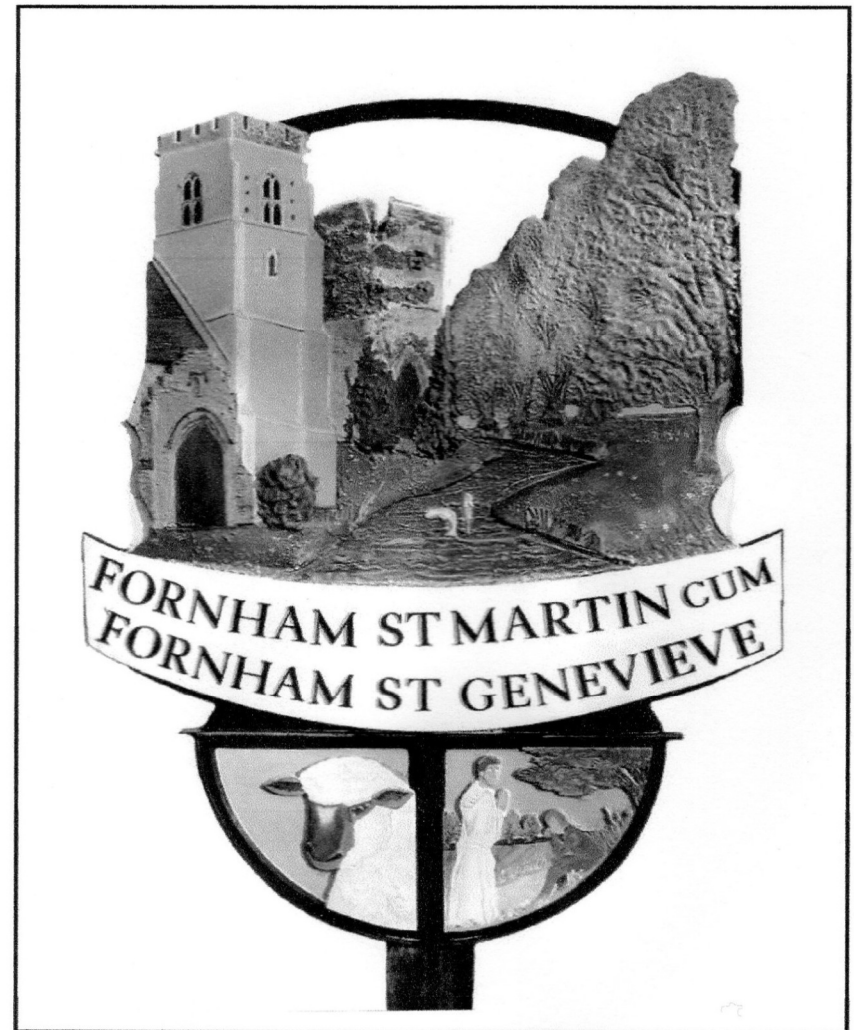
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Fornham Bugle accepts all articles, notices and advertisements in good faith. We cannot be responsible for the veracity of submissions, nor liable for the quality of goods or services advertised. If you are considering using the services of any advertiser, we advise that you satisfy yourself as to the quality of goods and workmanship being offered prior to commencement of the work, and before any payment is made. Fornham Bugle reserves the right to decline an article or advertisement, and may also discontinue publication of an article or advertisement, without either warning or explanation, where applicable giving a partial or total refund of any payment(s) made. When publishing articles sent in by members of the public, we wish to make clear that in no way does it mean that Fornham Bugle agrees or concurs with any views or opinions expressed therein.



The Parish Council on behalf of all parishioners would like to acknowledge with thanks and appreciation, the work carried out by the volunteers who organise and distribute the Bugle.

Fornham Bugle



OCTOBER 2019 - NOVEMBER 2019

Newsletter number **107**

Articles for inclusion in the Bugle should be posted to:

Pat & Su Brooklyn
8 Franklin Gardens
Cottenham
Cambridge CB24 8QW

Tel No: 01954 253 400

Note new email: **buglefsmsg@gmail.com**

For **advertising** contact Parish Clerk (see below) or via email on website <http://fornhamstmartin.onesuffolk.net/>

Delivery enquiries: Peter Forster Tel No: 01284 764723

Please note: deadline for articles to be included in the

DEC 19 / JAN 20 issue is **NOON** on **SAT 23 NOV 2019**

Thank you.

ADVERTISING IN THE BUGLE

The **BUGLE** is a free publication to all residents of Fornham St Martin and Fornham St Genevieve. There are six editions per year.

Our advertising rates from December 2019/ January 2020 are £60 per ½ page for 6 editions £120 per full page for 6 editions

10% discount is offered to advertisers located within the two villages. For further information please contact the **Parish Clerk**, Vicky Bright, email your enquiry to **fsmgpc@gmail.com**

Orientation	FULL PAGE	HALF PAGE
H x W	180 x 115 mm	85 x 115 mm

Please supply logos in JPEG format and text Word doc.

USEFUL TELEPHONE NUMBERS

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Cinema	Cineworld, Parkway	0871 200 2000
Councils	St Edmundsbury	01284 763233
	Suffolk County	0345 606 6067
Electricity	UK Power Networks (Power Cuts)	0800 316 3105
EMERGENCY	POLICE / FIRE / AMBULANCE	999
Police	This is the number to call when you want to contact your local police in England, Wales, Scotland or Northern Ireland - less urgent than a 999 call.	101
	Crime stoppers	0800 555 111
NHS	Free-call single non-emergency number medical helpline operating in England and Scotland.	111
Hospital	West Suffolk Hospital	01284 713 000
Samaritans	Bury St Edmunds	01284 750 000 116 123
Transport	National Rail Enquiries	0345 748 4950
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	Taxi	01284 766777
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Mobile: 07749997937



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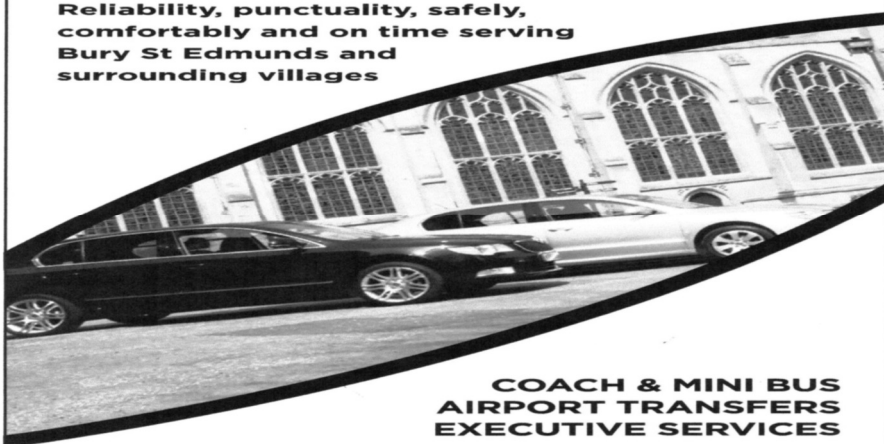
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2019 Parish Council Meetings

ALL MEMBERS OF THE PUBLIC WELCOME

Meeting are held on the 2nd Thursday of each month,
with the exception of August and December.

All meetings start at 7:30 pm

What's on in Fornham St Martin Village Hall

Weekly

Monday	5:30 pm & 7:30 pm	Slimming World
Tuesday	10:00 am to 12 noon	Mums & Toddlers **
Thursday	10:00 am to 3:30 pm	Patchwork
Friday	7:15 pm to 10:00 pm	Whist Drive in aid of St Nicholas Hospice

****Term Time Only**

Monthly

1st Wed	10:00 to 4:00 pm	Sewing Craft
1st Wed	7:15 pm to 10:00 pm	Military Whist Drive in aid of Air Ambulance
1st Thurs		
1st Fri	12 noon to 4:00 pm	Spinners and Weavers
2nd Tues	7:30 pm to 9:30 pm	Garden Club (not January)
2nd Wed		
3rd Mon	10:00 to 12 noon	Probus Ladies
3rd Wed	10:00 to 4:00 pm	Card Making (Jan, Mar, May, Jul, Sept, Nov)
3rd Wed	7:30 pm to 9:30 pm	Ladies Club
3rd Fri	12 noon to 4:00 pm	Spinners and Weavers
3rd Sun		
4th Wed	10:00 am to 4:00 pm	Mary's Quilters
4th Wed	7:30 pm to 9:30 pm	Card Making (Jan, Mar, May, Jul, Sept, Nov)

Occasional meetings

Parish Council, Village Hall Committees

*If you would like to book the Village Hall for a club meeting, exhibition, or private party, please contact **Roger Farnell, Hall Manager for bookings and enquiries on 07855 717 859** fornhamhall@gmail.com or **Maureen Hockett, Committee Chair for information 07887 778 353** maureen_agar@hotmail.com*

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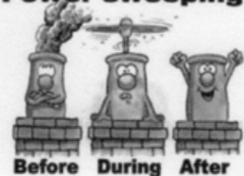
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Frank Stennett	Fornham St Genevieve	frank@stennetts.co.uk
Penelope Borrett	Fornham St Martin	01284 747140
John Borrett	Fornham St Martin	01284 747140
Peter Forster	Fornham St Martin	01284 764723
Gary Hubbard	Fornham St Martin	01284 753383
Paul Butler	Fornham St Martin	01284 760119
Vicky Bright (Parish Clerk)		07712 232920 fmsgpc@gmail.com

*Any parishioners wishing to raise an issue should contact the Parish Clerk
tel 07712 232 920 between 9 am - 3 pm Mon, Thurs & Fri, or between
5pm - 6:30pm Thursday evening. Or email anytime : fmsgpc@gmail.com.*

Parish Office: 3 Scott Avenue, Mildenhall, Suffolk IP28 7LT

**The Parish Council meets on the second Thursday of each month at
7:30pm in the Village Hall with the exception of August & December.**

Borough / County Councillor	07876 683516
Rebecca Hopfensperger	
Sarah Broughton	07929 305787
MP	01284 752 311
Jo Churchill	jo.churchill.mp@parliament.uk
Community Beat Officer	01284 774 100
Rev Canon Mark Haworth	01284 755 374 07932 160 009

FSM 100 CLUB WINNERS

AUGUST 2019

- 1st No 83 A Rooney
2nd No 44 M Groves
3rd No 73 C Leach

SEPTEMBER 2019

- 1st No 85 M Kemsley
2nd No 10 RC Cooledge
3rd No 78 P Harley



Many thanks. **Margaret Ade 01284 750133**

GARDEN CLUB

On 9 July, we were very fortunate to pay an evening visit to the garden of one of our members, Jane Newton. These gardens, located in Fornham St Genevieve, are open once a year under the National Gardens Scheme but Jane also welcomes visits by arrangement and many local garden clubs visit. The 1.5-acre gardens, which were developed in the 1980's, comprise areas of mature trees and shrubs, intertwined with paths leading through a delightful and intriguing assortment of ponds and unusual planting. There are also herbaceous borders and a sunken garden to enjoy. We all had a great time exploring, and the evening was topped off with some truly splendid cakes and a cup of tea. Thank you, Jane!

On Sunday 14 July we enjoyed the Club's second outing of the summer, to RHS Wisley in Surrey. We arrived in very good time, and we were able to make full use of a sunny, warm summer's day. Wisley is in the process of undergoing a transformation. Already completed is the Welcome building, approached by an

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avenue of flowering cherry trees, with a wonderful new plant centre, restaurant/café and the inevitable shop (with more gardening books than one could read in a lifetime!) It is never possible to visit all areas of these splendid gardens in one visit so, once through the entrance, we all dispersed in various directions, either in search of our favourite areas or just to wander along the many paths and enjoy the herbaceous planting, roses, vegetable and fruit gardens, or more wooded areas. The day went far too quickly!

The Garden Club's plant stall at the Village Fete on 20 July raised £138.50, with half the proceeds to Fornham St. Martin church. We had a more varied stall this year, with everything generously donated by Club members and supporters of the fete. Thus, in addition to the usual mix of small shrubs, perennials, and succulents, we also had freshly picked currants, newly baked shortbread and young leek plants to increase our customers' interest. The Committee extend their grateful thanks to all who contributed by supplying and buying our stock and to the group of helpers who set up, manned and dismantled the stall.

Our speaker at the August meeting was David Ward whose talk, "Making a Drought Resistant Garden", was based around Beth Chatto's famous dry garden in Essex, where David is Garden and Nursery Director. These gardens were established over 30 years ago on sandy and free draining soil, over the area that had been the former car park, and have famously never been watered since! This is particularly amazing in view of the small amount of rainfall each year in that part of Essex, no more than an average of 20 inches (less than some parts of the Middle East and considerably less than the west coast of Scotland that can receive well over 60 inches per annum!) However, even in last summer's heatwave, following 55 days without rain the plants of the Dry Garden picked up again once the wetter days appeared, which is testament to the consideration given to the choice of plants and the establishment of the initial growing conditions. .

David explained that for establishing a dry garden soil preparation is everything. At Beth Chatto's they dug in tons and tons of organic matter and left it to overwinter. Planting followed in the spring and was accompanied by plenty of watering, followed by deep mulching and a second watering. The gravel used to create the areas between the borders is local to the east coast.

Apparently, when designing the original layout, there was no formal design to follow, Beth just laid out the approximate edge of the borders she wished to create using old hosepipes and within which she built up a wonderful palette of plants with varying heights and colour; many of the plants were ornamental grasses. We watched a wonderful video of Beth Chatto explaining how she used lots of "verticals" such as grasses, galtonia and alliums to create the height, with low level plants running through, and bedding plants and annuals for summer colour. David explained that in a dry garden, through late autumn and winter there will be few flowers, it is more about the shape and foliage of the plants, with grasses looking good in the cooler weather. Indeed, morning frosts on the plants can give these gardens a lovely sculptural feel in the deep winter months. As the weather warms up and the seasons move from spring through to summer, more colour will appear first with spring bulbs, Camassias and flowering Amelanchier trees, through the irises, alliums and bright poppies followed by salvias, verbascums, verbenas and agapanthus. As the temperatures start to fall once more, sedums come into their own and can add lovely colour to dry gardens at a time of year when the intense colours of summer are over. This was a fascinating talk; we all enjoyed the illustrations, the archive footage of Beth Chatto, hearing of the educational work that is carried out by the Beth Chatto Educational Trust and the garden that was created at this year's Hampton Court Palace Flower Festival as a tribute to Beth.

Visit bethchatto.co.uk for more information; click on the link to "Hampton Court Palace Garden Festival – the plants" and you will find an extensive list of the plants used in this tribute garden, which

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could be of help if you are planning to create your own drought-resistant garden! Give it a go -think of the advantages of no watering!!

The Garden Club meets on the second Tuesday of the month at 7:30 pm in Fornham St Martin Village Hall. Membership is £13/ year with visitors paying £3/visit. For further information, please contact the Chairman (Keith Jones, 728077); new members are always welcome.

ELDERBURY FRIENDSHIP AND SOCIAL CLUB

On 6th of August we headed off to Clacton. It was a breezy sunny day. We had an excellent lunch and then a short walk to the Westcliff theatre. It was a very good show. Very entertaining. Lovely dancing and singing. An excellent magician. A very good master of ceremonies who had me crying with laughter. Our coach driver picked us up at the theatre and took us back to the Toby Inn for a much needed cup of tea. Then we had a pleasant journey home. In September our secretary Cedric Hanson gave us a talk entitled, 'The Place where we live'. It was of course about the Fornham's. He brought in stone implements that had been found from 12 hundred years ago. There has been a settlement by the river lark long before the Romans came to Britten. There wasn't much fighting, as the locals were more for farming.

A roman villa was established just behind Fornham all Saints church. After the Romans came the Anglo Saxons who colonised the area. Augustine came bringing Christianity. When the Vikings raided Edmund went to meet them with his cross and after being brutally killed was made a martyr. The Fornham's certainly have a lot of history and we thank Cedric for giving us an entertaining afternoon. Our next meeting is on **October 1st** when Martyn Taylor will tell us about the Lark and the Linnet.

We meet at 2 pm and would love you to come and join us





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The club was established in 2016 on the basis that there was an increasing expectation that everyone should have access to the internet and know how to use it.



Whether it's about getting the best insurance quotes, energy prices or just paying for your Brown Bin, without internet access you will be at a disadvantage. In our view more should be done to help older people deal with this. It's not easy.

Computers are more complicated than ever and far from reliable. The internet is not a secure place for carrying out financial transactions. This is less of an issue if you are an experienced computer user, but what about those who aren't? We cover security as that is essential to keep you safe and keep you informed on the latest issues on the subject.

Online communications also play an increasing part in our daily lives. Many keep in touch with email, text, social media, video calling. This is great, especially if you have friends and family far away. The problem is that you need to master the technology.

That's what we do. We help you to master the basics and introduce you to other interesting and useful stuff along the way.

We don't expect you to be experienced, many of our group are totally new to computing. Our job is to help you learn a few new skills. You just need to be prepared to put in the effort to learn something new. You will occasionally trip up and we are happy to help with your problems when you do.

We meet every week with a different group, on a Tuesday from 2:00 PM until 4:00 PM. Our aim is to work at your pace using language that you understand.

These groups are:-
 Windows Computing for Beginners
 Windows Computing for more Advanced Users
 Tablet Computing for iPad Users

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Peter - 01284 764723

DRAFT FSMSGPC September 2019 Meeting Summary

Councillor's Present: Cllr. Gary Hubbard (GH), Cllr. John Borrett (JB), Cllr. Penny Borrett (PBo), Cllr. Paul Butler (PBu), Cllr. Peter Forster (PF) & Cllr. Frank Stennett (FS).

10 Members of the public were present.

Local Authority Reports:

County & Borough Councillor

Cllr Rebecca Hopfensperger gave the following report;

- The West Suffolk Council will be consulting on the Local Plan, as it is now due for review.
- West Suffolk will be carrying out random inspections of bins, a letter will be sent to residents who have been chosen.

Police SNT newsletters are available to view at; www.suffolk.police.uk/your-area/snt-newsletters

Clerks Report:

- The Clerk advised that the Senior Enforcement Officer is still investigating the Sycamore trees cut down along the boundary of the Golf Course and 'Homeleas' Park Avenue garden.
- The Clerk advised that Property Services have been out to look at the issue of car parking on the Green at Fulford Close, but there was no issue when they went out. The Clerk is to follow this up with Property Services.
- The Clerk confirmed she has reported the potholes and surface erosion on Manners Road to Highways Online Ref: 00252021.
- The Clerk confirmed she has reported the damaged chevron on the B1106 roundabout, FAS. Ref: 00252019.
- The Clerk advised she has reported the overhanging trees and vegetation along the footpath 006 (Golf course), to PROW. Ref: 00252017.



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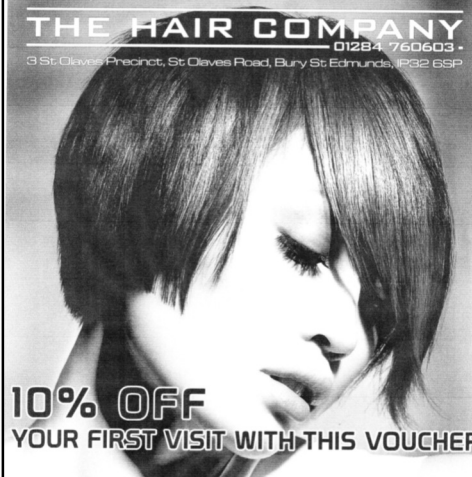
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Planning:

DC/19/1584/FUL - (i) Change of use of park land to land for siting of 12no. additional holiday lodges - extension to previously approved application DC/16/2792/FUL and (ii) associated landscaping (iii) construction of access road (iv) parking spaces (v) hardstanding bases and (vi) associated landscape planting and infrastructure - LOCATION The Dream Lodge Group Fornham Park

Resolved 19/09/6.01

It was agreed to submit Objections to application DC/19/1584/FUL.

DC/19/1193/OUT - Outline Planning Application (means of Access and scale to be considered) - 1no. dwelling - LOCATION Land Adjacent to Old Parsonage, The Street, Fornham St Martin,

Resolved 19/09/6.02

It was agreed to submit Objections to application DC/19/1193/OUT.

DC/19/1723/TPO - TPO 290 (1973) Tree Preservation Order - (i) 1 no. Evergreen Oak (T1 on plan and within G3 on order) crown raise to 5 metres and overall crown reduction by 2 metres (ii) 1 no. Cedar (T2 on plan and within A7 on order) fell - LOCATION Fornham House, The Street, Fornham St Martin

Resolved 19/09/6.03

It was agreed to submit No Comments to application DC/19/1723/TPO.

DC/19/0533/FUL - (i) New vehicle access (ii) modifications to pedestrian access, landscaping and relocated parking following closure of existing access - LOCATION All Saints Hotel, The Street, Fornham St Genevieve

Resolved 19/09/6.04

It was agreed to submit No Objections in Principal.

For Information Only:

DC/19/1189/HH - Formal Resolution 19/09/6.05 of No Objections submitted 01/08/2019

DC/19/1189/LB - Formal Resolution 19/09/6.06 of No Objections submitted 01/08/2019

Finance & Policies:

Parish Council Bank Balances and Reconciliation from list of payments and receipts and to approve bills for payment

Resolved 19/09/10.01

That the bank balances and reconciliation of payments and receipts be received and adopted and initialled & signed as such by the Vice Chairman (GH), in the absence of the Chair. The bank account balance as of 30th August 2019 is £21,883.84.

Highways & Footpaths:**Lark Valley Trees & Footpaths Update**

Cllr. Hopfensperger advised that with the claims being submitted for damage and the recent incident with a HGV knocking down several branches, that Highways had now confirmed that the trees will be tied in to the routine maintenance plan, due to the special conditions.

Discuss 'Racing' cars on Fornham Bypass & Speeding on Barton Hill

Cllr. Hopfensperger confirmed that the speeding motorcyclists on the bypass were to be investigated by Police, who will be carrying out speed checks over various days/times and the Council's Environment Officers were to inspect for breaches in noise pollution

Parish Matters:**Eco Initiatives for the King George Playing Field Update**

The Clerk, Chair and Cllr. Hopfensperger met with Greener Growth, on site, on 31st July. Several different ideas were discussed and Greener Growth are to put together some formal designs and costings for the next meeting and plans will be available at the October PC Meeting.

Defibrillator Update

The Clerk advised that she has now received confirmation from the Ambulance Service that they have no record of any of their ambulances or teams using the Defibrillator. The Clerk has subsequently logged this as a crime with the Police and is liaising with our Insurance Company to claim, in order to get a replacement unit. In the meantime the loan unit from CHT is in use and the site is now reactivated with the Ambulance Service as a live site.

Meeting Closed 9:12pm

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The Parish Council Minutes of Meetings will in future be submitted in an abbreviated report format to the Bugle. Full copies of Draft and Approved Minutes can be viewed on our website;

<http://fornhamstmartin.onesuffolk.net/parish-council/> or can be requested from the Clerk fsmgpc@gmail.com or in writing at
3 Scott Avenue, Mildenhall Suffolk IP28 7LT.

PLEASE NOTE : *The deadline for articles to be included in the **DEC 19/JAN 20** edition of the Bugle will be **NOON SAT 23 NOV 2019** This will ensure that residents receive their copy before the beginning of the month shown on the front cover.*

NOTE: email for contributors buglefsmsg@gmail.com

LADIES CLUB

Ladies Club do not meet in August. We take a break for rest and relaxation. What a glorious summer we have had with plenty of sunshine to enjoy. A time to be with family and friends, to stay at home enjoy our gardens or explore out and about, recharging our batteries and looking forward to starting a new programme at our AGM on 18 September at 7:45 in Fornham St Martin Village Hall. Our Committee are all happy to stand again for another year, but we would be very pleased to welcome one or two new members to join us, so please don't hesitate. At the AGM we will present the new programme and choose a charity to support for 2019/20. Please bring ideas and suggestions. **Our first speaker on 18 September** will be Lyn Mortimer, she will be talking about 'The Life and Laughs of a Local Journalist'

On 16 October Lisa Jones will tell us about 'Knickers – a History of Underwear'

After discussion in Committee we have decided to revise the cost of membership – this will now be £20 per year. This increase has come about because of the rising cost of hiring the Village Hall, Speakers and their travel expenses. We had held the previous cost at £15 for two years.

We welcome new members to Ladies Club – please think about joining us on the third Wednesday of each month in Fornham St Martin Village Hall at 7:45pm. Mary Payne. For more information contact Secretary Beryl Dykes 704109 or berlydykes@outlook.com

CHURCH NEWS

Our Annual **Summer Fete** went very well on 20th July, in the grounds and gardens of Fornham House, with grateful thanks to Stuart and Amanda for making us welcome again, and being very helpful and supportive of a rather large invasion of their tranquil Residential Care Home of some 70 residents. Fortunately the weather was warm and dry, with occasional sunshine, so, not too hot, not too cold, but dry, an essential requirement! Thanks to everyone who came to enjoy the day and join in with the games, competitions and many stalls, and then enjoy cream teas on the lawn as well as ice creams. With thanks especially to everyone who donated so much for the stalls, lots of bottles, bric a brac, tins and produce and books, we had plenty to sell for the essential fund raising, but only on condition they enjoyed themselves too. The tea ladies in the lounge worked very hard to keep the teas and scones flowing non-stop, thanks ladies, part of our team of 45 'willing' volunteers, so our great thanks again this year for everyone's sterling efforts. The fete was opened this year by Ian Norris from Radio West Suffolk, enabling him to meet and greet his many listeners in person for a change. The main stay of the funds raised was the **Prize Draw**, and with its top prizes of £50, £25, Center Parcs voucher, Woolpack meals voucher and the other 12 prizes, was very popular. We were joined by the garden club with a very good stock of plants, so thanks to them. The Silvermist Majorettes provided the entertainment again with the three troupes of girls performing in their smart white and purple outfits, twirling batons and pom poms.

To reciprocate, as they were so impressed with our fete, Stuart and Amanda organised their own **mini fete** on 24th August, for the residents and their families and friends, so we took a stall with a couple of games for a bit of fun and variety, whilst enjoying the teas, BBQ and ice creams. So the £2,140 raised at our fete was topped up with £50, which was pleasing.

Next up was the **Book Sale Coffee and Cakes** on 31st Aug, another very worthwhile and enjoyable busy day, selling lots of the 2500 books kindly donated by so many, with our grateful thanks. Thanks to the ladies for the home-made cakes or gateaux as some were better described, and





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SLEEPOVERS ON A MEET AND GREET BASIS.

Malcolm Jeffery
Community Funeral Celebrant

My name is Malcolm and I am your local community funeral celebrant living in Manners Road, Fornham St Martin. I can conduct religious, semi-religious and non-religious funerals and have over 20 years' experience.

When the time comes, I'll visit you in your home and help you to prepare the funeral for that special person. I can give advice and guidance or follow the plans you have in mind. I have conducted funerals at the crematorium, Woodland Cemeteries and at the Cemetery Chapels followed by a burial.

I am also happy to plan visits in advance if you would like this to happen.

Mobile 07988 770022
Email malcolmjeffery@mail.com
Website malcolmjeffery.co.uk



keeping the teas and coffees on tap, and everyone who came to support us, over refreshments, after a good browse and filled up their carrier bags. With thanks also for those who made home-made jams, we raised £506.50 for church and churchyard maintenance.

The next one, with a **Christmas Stall**, will be on Saturday 30th Nov. If anyone would like to donate 'Christmassy' items, decorations, trinkets, turkeys etc. that would be appreciated, to give a bit of variety, and provide an early opportunity to get decorations or maybe some presents. Together with running costs of services, priests etc. it costs **£400 per week** to keep the church running as an active part of the village, not only providing services but social events, and a place of quiet spiritual peace many enjoy and value. That and providing weddings, baptisms and funerals, particularly important as the villages' Parish Church. Do please support us and join us in services whenever you can, it is so important to keep the church alive and functioning.

We have now received the Faculty Certificate for the **Bells and Tower Project** and are now busy producing a glossy leaflet to accompany grant applications and getting some estimates for builders preparatory works. We look forward to our **Tudor Rose Concert** on Saturday 19th Oct, an evening of light music with a wine buffet, so do please join us if you can. Funds raised will go towards the Bells and Tower Project. Tickets from Beryl and David, only £10.

As part of the recommendations in this year's **Quinquennial Report** [5 yearly], we are carrying out a survey of the large mature trees in the churchyard, to formally assess and record their condition, and whether any remedial works are necessary. The new blue felt notice boards in the porch are now in place with the various Rules and Regulations, Statutory Notices and all the events here and in other churches in our benefice group. The church is open every day so please do have a look see if you are interested in coming to these.

Recent visitors to the church include two from Texas and Berlin, the latter leaving us a historical and pictorial book of Berlin, in German. Fortunately we have now been able to pass it on to someone (Peter) who can read it.!

With thanks to Judith Eley for riding her bike around local churches as part of the annual **Suffolk Historic Churches Ride and Stride** we were able to sponsor her and raised £115. Half is kept by us, and the other

half SHCT give out in grants for Suffolk church projects and maintenance. Particularly important this year that we support them, as we will be applying for a grant towards the Bells and Tower Project.

Our **regular services** normally at 10am on Sundays are: - 13th and 27th October, 10th November, **Remembrance**, 9:15am communion, followed by 10:15am Remembrance Service with laying of wreaths at the War Memorial and reading of the names of the 15 fallen who did not return from WW2 'they will not be forgotten' Please come and show support for this important day in the life of Fornham St Martin.
24th November. All with coffee and social conversation after.

Beryl Dykes and David Yates, Churchwardens

FORNHAM ST MARTIN CUM ST GENEVIEVE PARISH COUNCIL

King George V Playing Field – Tree Planting & Eco Initiatives

The Parish Council are working in partnership with Greener Growth, on proposals to make some improvements at the playing Field, ideas such as planting fruit trees and eco initiatives, to encourage wildlife are being considered.

Greener Growth is a community-focused group that helps people of all ages and backgrounds transform their outside spaces into productive resources and habitats for wildlife, rich in biodiversity. They work with a variety of disadvantaged groups including prisons, schools, parish councils and other communities. Every project starts with a plan to bring nature to an area, which is tailored to the needs of the people in the community, for the benefit of both nature and local communities.

The Parish Council would welcome feedback from our residents, and more formal plans and proposals will be available to view and be discussed in full at our next meeting on **10 October 2019 at 7:30pm, in the Village Hall**. The Parish Council would also welcome volunteers to help with the project and its aftercare, if you are interested contact the **Clerk on** fsmgpc@gmail.com



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HALLOWEEN PUMPKIN CAKE

Ingredients

300g SR flour

300g light muscovado sugar

3 tsp mixed spice

2 tsp bicarbonate of soda

175g sultanas

half tsp salt

4 eggs, beaten

200g butter, melted

Zest 1 orange

1 tbsp orange juice

500g (peeled weight) pumpkin or
butternut squash flesh, grated



For drenching and frosting

200g pack soft cheese

85g butter, softened

100g icing sugar, sifted

Zest 1 orange and juice of half

1. Heat oven to 180c/fan 160/gas 4. Butter and line a 30 x 20cm baking or small roasting tin with baking parchment. Put the flour, sugar, spice, bicarbonate of soda, sultanas and salt into a large bowl and stir to combine. Beat the eggs into the melted butter, stir in the orange zest and juice, then mix with the dry ingredients till combined. Stir in the pumpkin. Pour the batter into the tin and bake for 30 mins, or until golden and springy to the touch.

2. To make the frosting, beat together the cheese, butter, icing sugar, orange zest and 1 tsp of the juice till smooth and creamy, then set aside in the fridge. When the cake is done, cool for 5 mins then turn it onto a cooling rack. Prick it all over with the skewer and drizzle with the rest of the orange juice while still warm. Leave to cool completely.

3. If you like, trim the edges of the cake. Give the frosting a quick beat to loosen, then, using a palette knife, spread over the top of the cake in peaks and swirls. If you're making the cake ahead, keep it in the fridge then take out as many pieces as you want 30 mins or so before serving. Will keep, covered, for up to 3 days in the fridge.

Fornham St Martin Rock Trail

SEASIDE ROCKS !

Summer's almost gone. Winter's almost here. But we still have autumn to come, season of mists and mellow-fruitfulness and all those wonderful colours.

And of course it also means Halloween and Bonfire night and we're currently working on a brand new set of Halloween rocks. Although interestingly one of last year's Halloween offerings has just showed up back in the village . . . we think it must have been hibernating in someone's home.

The summer rocks seem to have gone down well . . . well at least they seem to have gone ! If you haven't visited our Facebook page: #Fornham St Martin Rock Trail please do take a look – it's fascinating to see where some of the rocks have been found and then rehidden. Just log in and then click on Visitor Posts or just Posts, depending on what phone or PC you are using.

We hid one at The Woolpack – showing a white sheep on a green 'field', there's a thing. It was first seen at Lyme Regis in Dorset on August 18. But just four days it had wandered off into some woods at Finchampstead in Berkshire. Then, by September 5, it was back off on holiday again to Milford-on-Sea by the Solent in Hampshire. And was last 'herd' of in Gillingham Kent. Not bad in little more than a fortnight !

If you're passing, take a peek in the porch of F.St.M. Church in November for the memorial rocks there for the brave men of the village who died in World War One and more information about their stories. These ones are **NOT** for taking though !

Thank you so much to everyone who's become involved, our Rock Trail has obviously given an awful lot of pleasure to an awful lot of people. We love hearing your stories and seeing the pictures. So please just keep up the good work !

Keep on Rockin !

The Fornhams Group

River Lark Catchment Partnership

The River Lark Catchment Partnership is a group of local volunteers, anglers, landowners, local authorities, water companies, businesses and government that have come together to protect and restore rivers in the River Lark Catchment area.



Here in the Fornhams we have a group of local volunteers that carry out work parties to improve our section of the river and its banks.



On the Saturday 14th September a work party took place to remove Himalayan Balsam, (a foreign, invasive species) from the river and its banks. We had sixteen hard working volunteers who cleared the section of river between Fornham and Hengrave. We are planning further work parties through the winter to make improvements to the river banks including narrowing the channel in places to encourage a faster flowing, healthier river. We will also be offering local training sessions for new volunteers. If you are interested in joining us or for further details, please email us at fornhams@riverlark.org.uk

Catherine and David Emerson